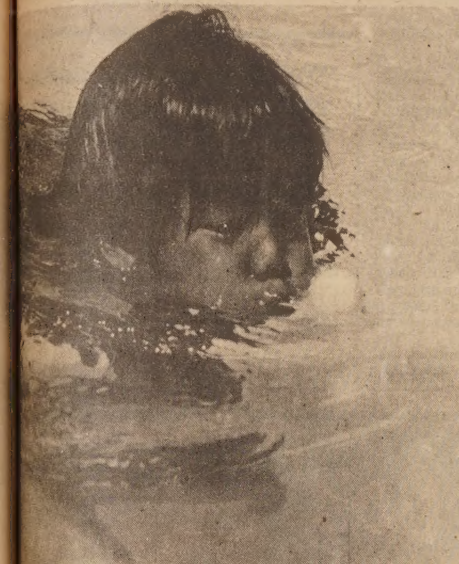


We saw you at El Cerrito's water carnival

and photos, Page 6



Tristan Flores, 6, advances ping pong ball



Craig Nelson, 13, won a watermelon

Albany to buy new fire truck

By BARBARA ERICKSON

ALBANY — Bids on a new thousand-gallon pumper for the fire department, a major expense for this small city, have come in within the department's estimates, and officials expect to decide on the winner by next week.

The first order of business at Monday night's regular meeting was the opening of bids on the equipment. City administrator William Haden formally announced the offers from six companies around the country whose bids ranged from \$72,822 to \$87,259.

Welch Fire Equipment Co. of Marion, Wis. was low bidder and promised delivery in October 1981. Next in line was FMC Van Pelt of Oakdale with \$74,534 and delivery 180 days after receipt of the order. Howe Equipment Co. of New Jersey with \$75,135 and an eight-month lag in delivery was a close third.

Fire Chief Horace Koepke asked the council for a week to study the bid specifications, and the members voted 3-0 with Mayor William Lewis and Councilwoman Ruth Ganong absent to give him that time. Koepke also said he prefers the earlier delivery dates because the department's present equipment is in poor shape.

The pumper is to replace two aging fire trucks, a 1952 General Motors and a 1945 Mack pumper. Koepke said Albany would sell one and retain the other for emergencies.

Albany has \$70,000 in equipment reserve funds for the pumper, and the city will pick up more money for

the purchase by the sale of one of the old pumps.

Monday night the council also voted to appoint five Albany High School students to the Traffic and Safety Commission in accordance with a city ordinance long in effect but unused for several years.

Haden said John Storrs, chairman of the commission, had assured him that at least three of the five adult members approved of the plan. The council agreed that the schools superintendent would be asked to submit a list of qualified students who would stick with the task. In the past, they said most students lost interest after a few weeks of duties.

In other business Monday the council:

- Approved the application of Lili-Chuer Ding for an on-sale beer and wine license to be used at China House, 1113 Solano Ave. The application will be decided on by the Alcoholic Beverage Commission.

- Authorized staff to send out requests for proposals for a new data processing service.

- Accepted the resignation of firefighter Edward De Oliveira after eight years on the force.

- Authorized staff to call for bids on lighting at the Memorial Park tennis courts.

- Approved a \$425 actuarial valuation in the fire department by the Public Employees Retirement System.

Census recounting East Bay

By CATHERINE SCHUTZ

The U.S. Census Bureau is doing spot recounts in several East Bay communities in response to complaints from public officials that the preliminary figures released in early July were inaccurate.

Recounts are being done in Berkeley, El Cerrito, Albany, Richmond and Pinole. Most of the objections to the preliminary figures involved the number of living units and the number of vacant units in an area.

Kent Daniels, district manager of the census office that covers communities from Emeryville north to Pinole, said the recount process involved checking the census figures against those submitted by the city or county agency. If a possible mistake exists, a census worker goes back to the area and does a count in the field again.

Daniels said Berkeley officials had asked for a recount of 15 to 20 percent of the city's total area. (The counting is done by census tracts.)

He said the workers this week were finishing up recounts of large living units, such as fraternity and sorority houses, and "the count is almost identical" to what the census workers got the first time around.

Other checks being done by the Berkeley area office include a re-

(Turn to Page 4, Col. 2)

Focal point reaches out to seniors

By ROBERTA ALEXANDER

EL CERRITO — Roberta Johnson is interested in how people change — and don't change — as they grow older.

Johnson is the recently hired outreach worker for the city's new Focal Point program, and she brings to her job years of study in the field of human development as well as many years experience in parent and early childhood education.

"I've always been interested in what keeps older people generating," she said. "But of course everyone, from small children on, needs the same things. They need love and caring and they need to be respected."

Focal Point has received funding

for one year. Its function, Johnson said, "is to localize services and meet immediate needs."

What that means is that Johnson will spend a lot of her time out in the community, finding older residents who need services, explaining what services are available, training volunteers to help and seeing that the necessary services reach the right people.

It's a big job, but one that Johnson is eager to wade into, partly because she feels the community is rich in resources.

"I feel very positive in El Cerrito. There's a very strong staff and program. I've really appreciated all the support I've gotten here," she said.

The specific guidelines that will govern the project are in the process of being worked out by the program's advisory board. In the meantime, Johnson is busy.

"I've begun a little outreach. I will talk with churches, with the senior programs," she said.

She's ridden on the city's senior van and accompanied a delivery of Meals on Wheels. She plans to talk to postal carriers, to explain what Focal Point is about and to ask them to refer people on their routes who might need some help.

"I want to give them personal, one-to-one service," she said.

To that end, Johnson is planning to expand the city's Friendly Visitor program, in which trained volunteers visit home-bound seniors each week. She also wants to develop a more active City Challenge, which is a kind of Friendly Visitor program for teenagers.

"Outreach is most important," Johnson said. "It's possible we may do door-to-door knocking, and I am looking for more volunteers."

She expects to be "selective" about the volunteers who will work with the older adults, and will do her first training session in September.

Johnson is a great believer in the value of support groups. She started Dialogue with Those Alone last year at the Open House, and soon will resume facilitating that group.

"I really think support groups have a positive influence. Everyone needs a chance to share their feelings," she said.

Johnson, 57 and a widow, said she also has learned a lot from this group. Other groups that she thinks might be useful in the area include one for people with disabilities or handicaps and another for the children of older parents. That last group, she said, would give people a chance to deal with their feelings about their parents becoming less independent and also get some information on the alternatives to institutionalization.

"The point of Focal Point is to keep people independent," she said.

One of the ways to keep people at home, Johnson explained, is to pro-

vide essential services in the community. She cited as an example a person who had been discharged from the hospital, but was not able to resume all his or her normal activities.

"We want to offer some emergency services — perhaps I should say, essential services — like in-home care," she said.

However, just what constitutes an "essential service" remains to be defined by the advisory committee and Johnson is concerned that the project have a fair and workable definition. Before coming to El Cerrito, she was Focal Point coordinator in Richmond.

"People would call for emergency services, and we couldn't provide them. Then they were disappoint-

ed," she recalled.

There is no means test for recipients of Focal Point aid: "you have to be discerning and thoughtful in case assessment," she said.

Johnson said that there were many services available for the truly destitute. The people she is most concerned with now are those on fixed and moderate incomes: too rich for the free services and too poor to pay the going rate for some things.

She's begun revising the city's booklet of services available for seniors, and she hopes it will be ready for distribution in the fall. By September she hopes also to move into the Focal Point office at the Open House, which is now being

(Turn to Page 4, Col. 1)

Sign language: talking to the deaf

ROBERTA ALEXANDER

ALBANY — Judith Lavaud says 10 percent of the U.S. population is deaf: "anybody who cannot conversation considers themselves deaf."

Where are all these people? she asks, who teaches sign language, and it's a very tight community. They mingle, they don't go to school, they don't go where they communicate.

Unable to communicate is part of deafness, she said. (pronounced La-VO)

El Cerrito approves salary hikes

EL CERRITO — The city has approved its salary negotiations with municipal workers, granting them a 7 percent increase and employees 9 percent.

The talks with United Public Workers Local 390 and the International Association of Firefighters in May and moved smoothly, said the City Manager Tom

Eight firefighters represented by the association will receive a 7 percent raise effective Jan. 1 and a 3 percent raise January

and street maintenance workers will get their pay increase effective to July 1 also. About 12 employees are represented by the

worked as an interpreter for the deaf in Los Angeles before moving to Albany in February.

Being an interpreter requires hundreds of hours of training, she said.

"An interpreter is a cold hard object," she said. "You offer no opinions, no advice. It's a profession that's very draining."

Lavaud started teaching sign language at her Jackson Street home this summer. She teaches something called Amesliah, which combines the concepts of American Sign Language with the structure of English.

Most of her students are interested in sign language for itself, she said, or because they think they can use it professionally. For example, one student works with the handicapped and another is in law school. She screens potential students so that they can get appropriate training.

"There are many kinds of sign language. If you want to teach the deaf, for instance, you need to learn SEE — that's Signing Exact English," she said.

Lavaud's four-week class covers the basics: "it takes a lot more than that to be fluent, but you can get the concepts."

She gives her students homework assignments to practice between sessions, and then has them sign to each other. The hand gestures are often distracting to people who don't understand them, and it takes time to get used to them.

"I encourage my students to use everything they've got," Lavaud said. "We use eyes, hands, body language, all kinds of expressive movement."

(Turn to Page 4, Col. 2)

STRIKE

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— Times Journal photo by Trent Savers

Employees of Adhesive Products Inc. on 520 Cleveland Ave. in Albany are scheduled to sit down with their employer before a federal mediator this week to discuss a strike settlement. The employees have been on strike since mid-June for improved wages and benefits.

Strike talks

Inside ...

Whitewater odyssey on the Stanislaus..... Page 2

The cafe where twelve's a crowd..... Page 3

Meet El Cerrito's "Mr. Baseball"..... Page 11

He's been working on the railroad..... Page 12

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Writer's corner

Whitewater odyssey

By PATRICK KEEFFE

It was a hot mid-morning and nine of us were preparing to ride a rubber raft down the Stanislaus, one of California's most scenic rivers.

I should have known better when I heard the shrieks from beyond the bushes. But we all had decided to go before the wild part of the Stanislaus existed only in memory; it is being tamed downriver by the slow filling of the New Melones dam.

We clambered into the raft, clad only in bathing suits, tennis shoes and bright-orange life jackets. Our food and extra clothing was secured in a waterproof bag in the stern with David, our experienced river pilot. Each of us grabbed a long-handled paddle and hooked our legs under the safety straps as we sat atop the gunwales.

We shoved off and, in the several hundred feet between us and the first set of rapids, David tried to tell us how to paddle in unison, turn the boat, bale water, fall, stay with a swamped raft and unwrap it from a boulder. We were not prepared for the first whitewater.

"Okay," the pilot shouted, "dig in. Forward paddle. Paddle! Let's go!"

The river sucked us into the first drop, disrupting the visual reference planes of the landlubbers. The nine of us stared into a leaping onrush of green water, cold and churned into foam, racing right at our faces.

The power of the river jerked the raft sideways and those on my side of the raft, trying to dig in and paddle, were engulfed by the icy wave. The temperature of the water choked screams from us. But our cries were drowned by the billion-gallon roar of the Stanislaus.

Some of us fell off the gunwales and into the boat, as the river continued to thrash us about. David threw his weight out and down onto his long helmsman's paddle, forcing the boat to slide gracefully around a massive boulder. In another instant, we were again in placid water the color of jade.

Before we could catch our breaths and exhale the anxiety and thrills of the first rapids, David began to tell us about the coming attractions. Places whose presence was explained clearly by the wild yells of those in the raft downriver from us. Places with names like Chicken Falls, The Hole and Death Rock. As David intoned the names, several of us looked at each other like fellow passengers on the deck of the sinking Titanic.

"I've never wrapped this boat around a rock yet," David said confidently. "But I will someday. It's got to happen. And when it does, this is where it will."

In the next few seconds, I gazed ahead to the cool and green of the next limestone canyon. Then the river raised its voice again.

The next sets of rapids drenched us, spun us, tilted the raft at terrifying angles, threw us into the boat and

took away our breaths. But by then we were veterans.

Our bodies adjusted to the temperature of the water, which continually washed over us as we navigated the drops down the canyon. No one fell out of the boat.

David told us about efforts on the state and federal level to halt further filling of the dam. I am a conservationist at heart and needed little convincing. All of us in the boat were partisans of the river. David urged us several times to contact our local Congressional representatives.

After successfully riding the first third of the river, which our pilot told us contained all of the best whitewater, we stopped for lunch. We tied the gray raft to a shoreline bush and hiked up a creek into a sun-baked canyon. We ate, swam in the pools along the creek and rested in the shade of limestone cliffs. Eventually, about a hundred other rafters had the same idea and the paradisiacal canyon seemed like a city park on the Fourth of July.

We shoved off again, stopping again down-river to climb a tree, swing out on a rope and drop into the icy water, and again to pick figs from a riverbank tree. It was like being in another country, another century.

The noise of the whitewater was always followed by the silence of calm water, physical exertion by rest, the simmering heat of the shore by the cool breezes on the river. We had been purged of urban stress, lulled into serenity by the river and the rhythm of the day.

After sliding under the willows at the riverbank at Parrott's Ferry, we put away our equipment, headed for the Friends of the River table, and began writing letters to Congress.

Local libraries tell summer hours

The Albany Library is open Tuesday and Wednesday from 2 to 9 p.m. and on Thursday and Saturday from 10 a.m. to 5 p.m. It is closed Fridays and Sundays.

For information, call 526-7512.

The Kensington Library, also part of the Contra Costa County library system, is open Monday through Thursday from 12 noon to 9 p.m. and Friday and Saturday from 11 a.m. to 6 p.m. It is closed Sundays.

For more information, call 524-3043.

The El Cerrito Library, a branch of the Contra Costa County library system, is open Mondays and Wednesdays from 12 noon to 9 p.m., Tuesdays and Thursdays from 10 a.m. to 9 p.m., and

El Cerrito's budget

By JAMES ALLEN, JR.
Mayor Pro-Tempore

The most important policy decision of the El Cerrito City Council is the review and adoption of the annual budget.

As a policy tool, the budget represents the continuing goals and commitments to programs of your city government. Last Monday night, the final budget study session was held by the council, completing a review process which began in May. In this column, I'd like to discuss some of the highlights of the 1980-81 budget.

Public safety commands a very significant portion of the city's resources. The El Cerrito Police Department budget supports a full-time staff of 35 sworn officers and 10 non-sworn personnel. With this small staff, the department manages to provide services of patrol, communications and crime investigation for the public at large. Because police functions extend beyond the city limits, the council has authorized funds for the department to join in the county-wide computerized law and justice system. This will enable us to tap into a vast resource of crime-related information.

A very important requirement of police work is the ability to remain physically fit, and to be prepared to react quickly in conflict situations. At the city council's direction, the department initiated a program of physical fitness testing and an individually prescribed diet and exercise regimen. In addition, funds for the partial purchase of exercise equipment have been authorized (police and fire reserve officers are planning to raise the balance of the purchase cost). These programs, although small in their dollar cost, represent a large investment in the continuing health of public safety personnel, and hence the ability to respond effectively to public problems.

Equally important in this area is the city fire department budget. You have most likely noticed the emergency medical van responding to citizens' calls for help. We are fortunate to have 15 members of the fire department staff now qualified as emergency medical technicians. Once again, at a small price, this is a very valuable and necessary service provided by our fire department. The fire department budget has stabilized, with payment for the teletype equipment now complete. We do expect to replace a 23-year-old fire truck in future years, and the city staff is now studying alternatives.

After the passage of Proposition 13, the city council made the decision that where possible, the city's community services will be self supporting. This year's budget reveals that the community center, the swim pool, recycling center and the child/day care centers have now very nearly all covered their costs with user fees and other revenues.

The city's senior services division is growing, with the award this year of Contra Costa County "Focal Point

grant" for a seniors' outreach program. This will pay staff for one year to seek out and inform seniors of services available, as well as to provide minor home services. In addition, a grant from the Metropolitan Transportation Commission will purchase an additional van to provide senior's transportation. The senior services division continues to adjust and expand to meet increasing needs of seniors in our community.

The El Cerrito Community Development Department provides planning and public works services. A critical responsibility of this department is to provide the quality of streets in the city. To this, the council authorized \$50,000 for street maintenance from the tax funds which can only be spent for these purposes. Second major public works project included in the budget is the reconstruction of the Santa Fe railroad crossing. We have applied for and expect to receive funds from federal government for this repair.

Two sometimes controversial functions of the department are planning and redevelopment. The budget provides for continuing support of the important work of the planning division, which sets guidelines for the orderly development of our city. Redevelopment is expected to be entirely supported by approximately \$50,000 tax increment.

(Continued on Page 4)

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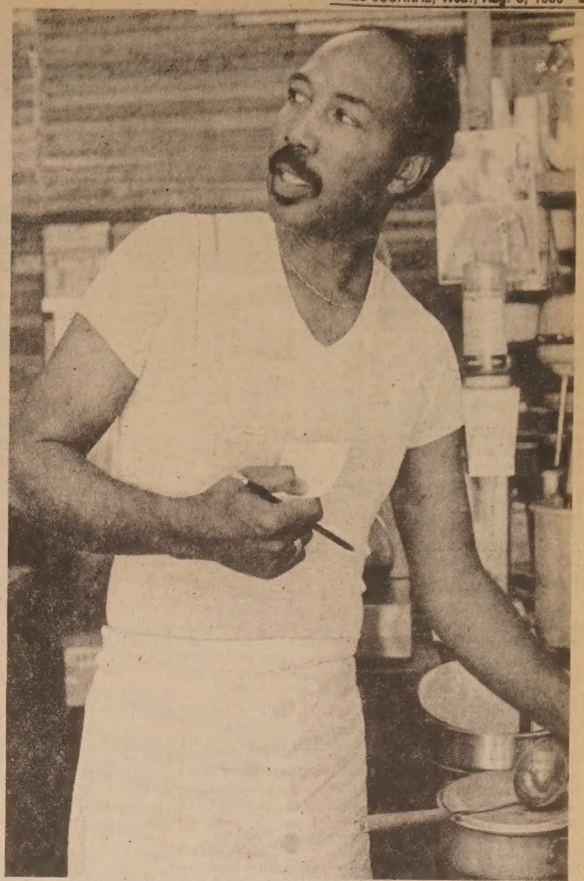
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Cook
Mary Skerl
and
Otis Timmins
open up
for the day

times
journal
photos
by
trent
saviors



Timmins: "This place is like a family"

The biggest little cafe in El Cerrito

By ROBERTA ALEXANDER

EL CERRITO — Running a minuscule cafe with the assistance of a senior citizen fry cook might seem like an odd hobby for a black cop.

Otis Timmins, however, the Shutter Cafe at 10066 El Cerrito Ave. is both a dream and a sociological experiment.

"My love is people," Timmins said. "When you ride the city for 10 years, you get a feeling about what people are like."

One of the things he had often heard about as he walked the city was that there was no place to eat that wasn't "plastic."

"There was no place reaching out an arm to local people," he said.

So, a year and a half ago, Timmins, 38, bought the shuttered cafe, a tiny blink-and-you-miss-it breakfast place whose decor included pipes running up the wall, poured \$5,000 into renovations, and learned the ins and outs of the trade, including plumbing and the walls with wood lathe.

By the six month renovation, Timmins said simply, "I knew what I was getting into. It was a labor of love."

He calls the renovated Shutter, which has plants growing above the grill as well as the doorway, his "lady."

"I'm a sociologist by academic training. I felt an obligation to see if my ideas were valid. I wanted to prove to myself that people are attracted to an environment they can create themselves."

Timmins is a big believer in environment. He criticizes the fast food emporia as places where "the environment is created for you." By contrast, he points to the variety of Shutter patrons: "If somebody doesn't get their every morning from 8:15 to 8:30, there's always a fight. And if someone doesn't come in, someone else does. This place is like a family."

Indeed, the Shutter is a homey place, an idiosyncratic luncheonette with a touch of '70s mellow. Breakfast, home fries and toast — is the big favorite at 7 a.m. opening to its 2 p.m. closing. And the fries, made of big Idaho spuds boiled and cut during slow cooking in the kitchen.

A sign on the wall announces chicken salad, egg salad, tuna, grilled cheese, BLT or meatloaf sandwiches, including soup or salad. The soup is homemade. There are also chili dogs.

On the other side of the L-shaped counter is a sign for frozen yogurt, which comes in shakes, cones, or in a dish with a choice of toppings.

Timmins worried a bit about how frozen yogurt would affect the ambience: "Will the in-and-out traffic destroy the setting?"

Then he answers his own question: "The people who are attracted to frozen yogurt are thinking people. And if they come in for yogurt, they'll soon stay to eat."

Anyone who straddles one of the Shutter's stools soon feels like a regular patron.

"There's no-one who sits at the counter who doesn't talk," Timmins said.

The talk is gentle, free-flowing, friendly. The patrons kid each other as well as the cook Mary Skerl.

"Come on, Mary, how come you don't drop everything and take my order?" one of them teases.

Mary shakes her gray curls at him, but doesn't answer.

Another regular chimes in: "How come you don't thank me for waiting, Mary? How come you don't call me 'honey' and 'sweetie'?"

Mary flashes a look at him and clucks her tongue. She hands him his coffee and says, "Thank you for waiting, 'honey.'"

He grins and leaves.

"Mary's a magician," Timmins says, and it's no exaggeration. She knows who likes his poached egg on top of his home fries and who likes a sweet roll dripping with butter.

A man brings an acquaintance up to date about his recent trip.

"They got a place in Miami called Little Cuba. And I'll tell you, they really like pork there. They eat boiled pork and fried pork and baked pork and roast pork. And they're open late. I think they eat their dinner at midnight."

He wipes his mouth and picks up a glass of milk.

"But I didn't like the Miami airport. Too many dogs there. I had a little smoke in my pocket, you know, to keep myself happy, and I didn't want some dog sniffing me."

Mary pours the soup into another pot.

"Smells homemade," someone says.

"Well, it's real chicken broth," she says tartly. "I bought a real nice chicken at Safeway and I boiled it at home."

That's a lot more "homemade" than most restaurant soup.

"I've never gone out and looked for someone to work here," Timmins said. "They've all come here. And they're turned loose to cook the way they want to."

Timmins first employee was a retired cook, who left because of ill health. Skerl's been behind the counter almost a year.

"I hire older people who need to work for their own physical and mental benefit," Timmins said.

"I'm aware of the population mix of this city," Timmins said. "The old and young mix well here."

As if to prove his point, Skerl gets lunchtime assistance three days a week from Timmins' teenage daughter. The other days Timmins himself comes in.

He does the buying and the administration. "I'm the sweeper, the repairman, the pot scrubber," he said.

When he first opened the Shutter, Timmins worked in the place from 7 til 3, then worked as a cop until midnight. "I lost 25 pounds that first year," he said. So his present arrangement is easier, but still a drain.

"I'd like to get to the point where I can get someone else in here to do the buying and administering, so I can go back to working days," he said. "When you go to create something, it's hard on your family life. I don't want to destroy what holds me together."

Despite the problems, he's not really unhappy.

"This is a nice place to work," Skerl said.

And Timmins agreed.

"If you can't have fun, you can't work here," he said.

"In fact, if it weren't fun tomorrow, I'd put a closed sign on the door."

Your news in print

Ever want to let your neighbors know about something but you don't know where to turn?

The Times Journal encourages feedback from its readers in the form of letters to the editor and contributions in the following areas: writer's corner, coming events, local history, church news, club news, senior citizen activities, the arts, sports and other outdoor activities.

Items should be typed and double spaced on 8 1/2 x 11 inch paper. The deadline is Thursday at 5 p.m. for publication the following Wednesday. The newspaper reserves the right to edit submissions as it sees fit.

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BUNDLE #1

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STEAK AND ROAST ORDER

- CLUB STEAKS
- HIB STEAKS
- BIG STEAKS
- STEW STEAKS
- POT ROAST
- SHORT RIBS
- STEW BEEF (on request)
- RIB ROAST (on request)
- CHUCK STEAK
- CHUCK ROAST
- 8-RIB ROAST
- GROUND BEEF

Example: 140 lbs. at \$1.29 lb. Yield 3

Total Price \$180.60

Avg. Wt. 125-200 lbs. Hanging weight

\$1389⁰⁰ 90 days same as cash

BUNDLE #2

USDA CHOICE

UPTOWN ORDER

- SIRLOIN TIP ROAST
- GROUND BEEF
- STEW BEEF
- FILET MIGNON
- CHUCK ROAST
- POT ROAST
- SIRLOIN STEAK
- T-BONE STEAK
- PORTERHOUSE
- CHUCK STEAK
- SWISS STEAK
- AND MORE

Example: 130 lbs. at \$1.49 lb. Yield 3

Total Price \$193.70

Avg. Wt. 113-200 lbs. Hanging weight

\$1490⁰⁰ 90 days same as cash

BUNDLE #3

USDA CHOICE

GOURMET ORDER

- FULL ROUND STEAKS
- TOP ROUND STEAK
- BOTTOM ROUND STEAK
- T-BONE STEAK
- PORTERHOUSE STEAK
- FILET MIGNON
- GROUND BEEF
- SIRLOIN STEAKS
- SIRLOIN TIP ROAST
- CHUCK STEAK
- STEW BEEF (on request)

Example: 130 lbs. at \$1.59 lb. Yield 3

Total Price \$206.70

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Taking the pledge:

No subversives in city parks

By STEVE KANIGHER

ALBANY — If you're a subversive, don't even think about renting a park in this city.

If you want to rent a park here, you must promise that nothing you say or do "will be subversive to the Constitution of the United States of America and I (we) further pledge my (our) allegiance to the United States of America."

Park and Recreation Superintendent Emile Rooney smirked when he was asked why applicants must make such a pledge. He said the application form probably dates back to the McCarthy era of the 1950s, and he added that similar wording probably has been used by other communities. Park and recreation employees in El Cerrito and Kensington noted that such a pledge doesn't exist on their forms.

"Undoubtedly, there's a need to change forms," Rooney said. "We never had the need to change it in the past."

But the form will be changed by late September, when the city plans to hike the rental fees for some of its facilities by some 10 percent.

The Park and Recreation Department currently charges private groups \$4 to \$8 an hour to rent rooms at the Senior Center, 846 Masonic Ave., or Community Center, 1123 8th St., and \$5 to \$8 to rent the gym at the Community Center.

The applicant also must pay a part-time supervisor \$4 to \$4.50 an hour when renting a park clubhouse or utilizing a park restroom which would otherwise be closed. A supervisor must also be present when the recreation centers are rented during off-hours.

The new application form will reflect changes in the fee schedule, but will not include the loyalty oath.

CITY OF ALBANY
APPLICATION FOR USE OF RECREATION CENTERS

Date of Application _____

Note: Applications will be approved not more than 6 months in advance. No group will be assigned permanent facilities.

ROOM	DAY OF WEEK	DATE OR DATES	to

NATURE OF ACTIVITY:

1. Social Gatherings
2. Active Games
3. Movies
4. Lectures: Topic: _____
5. Other _____

ESTIMATED ATTENDANCE _____

I AGREE: To see that no admission fee is charged at the door; To be personally responsible for all damage sustained to the building or appurtenances thereof; To comply with Section 13119 of the Health and Safety Code pertaining to fireproofing of all decorations; And to hereby promise and swear that nothing done or said in this meeting to be held in this building on the day or days designated above will be subversive to the Constitution of the United States of America and I (we) further pledge my (our) allegiance to the United States of America.

SIGNATURE OF PERSON APPLYING _____

NAME OF ORGANIZATION _____

ADDRESS OF ORGANIZATION _____

TELEPHONE NUMBER _____

Schedule approved by Community Center Director _____ Date _____

APPLICATION APPROVED: _____ Superintendent of Recreation

El Cerrito plans area's largest recycling center

BY NORMAN COLBY

RICHMOND — A search has begun for an industrial site that could become a regional recycling center that would serve the entire west county and handle up to 3,000 tons of material each month.

The city council programs committee recently approved plans by the city of El Cerrito's E.C.ology recycling center to survey the best potential sites in Richmond ranging in size from six to 15 acres.

E.C.ology, which recycles about 400 tons of materials per month, is the only recycling center in the west county. The center, which was established as a pilot project for the larger regional facility, must move from its Schmidt Lane location in three years under its agreement with the city.

Lois Boyle, a director of E.C.ology, told the programs committee that the state requires each county to create regional recycling centers as part of the county solid waste management plan. In Contra Costa County, regional centers will be located in the west, central and east portions of the county.

Mrs. Boyle said Richmond has several areas where a regional recycling center could be located, including the northern portions of the city, the Hensley Tract and southern areas near the port.

After a site is found, a joint powers agreement must be reached by the west county's five cities — Richmond, El Cerrito, San Pablo, Pinole and Hercules. The agreement could provide for joint undertaking of the lease-purchase agreement pertaining to the land and for operation costs, she said.

The plans were explained to local councilmen by Mrs. Boyle, city of El Cerrito assistant director of community services, and Joel Witherell, community services direc-

tor. They pointed out that E.C.ology is breaking even, especially with 400 tons per month, due to the employment of subsidized CETA workers, and the center could profit when its operations reach 500 tons per month, would mean, they said, that a larger, regional facility in Richmond, could become a big money maker in the long run.

The El Cerrito center pays 25 cents a pound for aluminum cans; 20 cents for aluminum scraps; 10 cents for aluminum scraps mixed with other metals; 20 cents for cardboard; 2 cents for winebottles; 1 cent for glass; 1 cent for tied newspapers; and 1/2 cent for cans.

The regional site would need six to 15 acres of a railroad track. Officials would like to be able to use an existing building rather than build a new one.

BUDGET

(Continued from Page 2)

funds, which have accrued to the city's redevelopment agency by virtue of increased assessed valuation agency project area.

The 1980-81 budget for the city as a whole will get is all-inclusive — all its funds are derived from revenues including grants, user fees, building planning fees and other non-local tax revenues. If those sources are removed, the anticipated expenditures from local tax revenues total approximately \$4.4 million.

The Gann initiative adopted last November limits spending limits for cities. This limitation means that the city's expenditures from taxes cannot exceed 1978-79 expenditures adjusted for changes in prices and cost of living. This limit for El Cerrito is \$4.4 million, we are well within the established limits.

Interestingly enough, the Gann initiative limits expenditures from revenue sources outside such as federal grants. Here again, the Gann limit the Jarvis cuts, strike at local government and untouched federal spending. It is the latter that is the largest tax collector as well as spender.

Police solve the spotted puppies caper

By CATHERINE SCHUTZ

EL CERRITO — The police officer said it looked just like a scene from "101 Dalmatians," with little spotted puppies jumping all over the place.

Two juveniles, one from Richmond and the other from Berkeley, were arrested for burglary after police found that the Del Norte Pet Hospital at 10960 San Pablo Ave. was broken into early Friday.

Three puppies, a dalmatian, a German shepherd and a doberman, were taken, and another eight dalmatian puppies were let loose inside the building. Police found them frolicking in their unexpected freedom in the pet hospital front office.

El Cerrito police began checking the building after Officer Preston Thompson questioned a 15-year-old boy as to what he was doing at 1 a.m. on San Pablo Avenue.

The boy responded that he was petting two puppies in a nearby car. Thompson, along with officers Ron Maehler and Dominic Medina, checked out the car and found that indeed there was a shepherd and a dalmatian puppy inside the car. The doberman was loose on the sidewalk with a rope tied around his neck.

Officers released the youth since the presence of the puppies confirmed his story. But on further checking they found the door to the pet hospital open and saw the eight puppies running around inside.

The officers successfully herded the loose puppies into a room at the kennel, then contacted the owner who confirmed that the three puppies outside the building also belonged in the kennel.

El Cerrito police alerted neighboring cities to be on the lookout for the 15-year-old, who was picked up a short time later at a Jack in the Box restaurant in Richmond. He told police that a 16-year-old boy was also involved in the incident. The car in which the two puppies were located was found to belong to the parents of the 16-year-old, who was expected to be arrested today.

Is your club, church or school planning an event? Tell us. Times Journal 1247 Solano Ave. Albany 94706

SENIORS

(Continued from Page 1)

renovated. For the present, she's working out of the senior services office and can be reached at 234-7447.

Johnson moved to El Cerrito from her native southern California two years ago to be near her infant granddaughter. Since the move represented a time of transition for her, she took the opportunity to switch her job focus as well: she'd been the director of a nursery school and a teacher of early childhood education, and she looked instead to working with older adults.

She spent a year as an outreach worker and job counselor with the Senior Employment Program, before going to work for Focal Point in Richmond.

"We don't give older people enough credit for their experience," she said. "It's important to do meaningful work."

"What I want to do now, at my age, is to give back. There's a lot of satisfaction in that."

DEAF

(Continued from Page 1)

Most of her current students expect to continue their training, she said, and she will start another beginners' class on Wednesday, Aug. 6, and again in the beginning of September. (For information on classes call 524-2239 after 4 p.m.)

Lavaud, who is 25, says she teaches "conceptual translation." One of the skills involved is learning how to define things precisely.

"There are only 1,200 signs, in comparison to English. For example, the word 'run' has 52 meanings: run down the street, a running nose, a running gag, a run in a stocking."

Similarly, some signs have more than one meaning, and unimportant words, like articles, are dropped.

"Both the deaf and the hearing have to learn to communicate with each other," she said, "and that's what we do in class — we learn how to communicate."

And although she emphasizes that her students will not be skilled enough to be official interpreters, she says they will be able to do things like help a deaf person who's having trouble explaining something to a store clerk.

"Not being able to communicate is really frustrating," she said. And she's pleased that her students have come "not because they have to, like they have a deaf relative, but because they want to learn to communicate."



Judith Lavaud works with a student



—Times Journal photos by Trent Saviers

CENSUS

(Continued from Page 1)

count of some vacant units in El Cerrito because city officials said the preliminary vacancy rate was too high. In Albany, workers did a recount in University Village and added 30 to 40 dwelling units to the count. Daniels said. He added that some recounting was also taking place in the Gateway project on Albany Hill.

The city of Pinole is split between two census district offices. Daniels said his office was doing some recounts in the portion under his jurisdiction; however, Gay Hammett, who heads the Walnut Creek district office, said today she had not heard whether the city wanted recounts by her staff.

Pinole officials were particularly outraged because the preliminary figures showed there were only 300 homes in the entire city. It turned out that not all the figures were released at the same time, so the city had received data only for the half of the city covered by the Berkeley office.

Ms. Hammett said she had not heard yet from any west Contra Costa communities on whether recounts were desired. She said she particularly wanted to hear from Hercules officials because that city is growing so rapidly.

The city of Richmond also asked for a recount, both of the vacancy rate in four neighborhoods and the total number of living units. Levern Bryant, assistant to the city manager, said the city asked for vacancy recounts in Point Richmond, the Richmond Annex, Eastshore and Southside neighborhoods.

"We sent a letter to the Census Bureau pointing out certain inaccuracies (in the preliminary figures), primarily the fact that they did not include the recently annexed parcels such as the Bren and Ditz-Crane developments," Bryant said.

Daniels said the preliminary figures did not include counts for any areas that had been annexed after January 1, 1978, but that these numbers would be part of the final census counts to be released next year. He said Richmond officials esti-

mated the total number of housing units to be about 500 units higher than the census figures showed, but that at least 200 of those can be accounted for by annexations.

The preliminary figures are based on the number of dwelling units in a community. The official population count will come from the brochures filled out and returned by residents. Those totals will be released in January.

However, city officials are able to estimate population figures from the number of housing units counted, so an undercount of dwellings would also produce an undercount of people.

While unhappy with the preliminary dwelling unit count, Richmond officials were generally pleased with the estimated population totals because they are higher than expected by the city.

"The preliminary findings are encouraging," Bryant said. "The city's population appears not to have dropped as much as people thought it had."

Millions of federal dollars are distributed each year on the basis of official population figures and a population loss of 1,000 can mean a monetary loss of a quarter of a million dollars, census officials say.

Berkeley city officials, for example, estimate that each city resident is worth from \$150 to \$250 in federal grant awards.

Calendar

EL CERRITO

Planning Commission — Wednesday, Aug. 6 at 8 p.m. in the council chambers, 10890 San Pablo Ave.

ALBANY

City Council — Monday, Aug. 11 at 8 p.m. in the council chambers, 1000 San Pablo Ave.

Planning & Zoning Commission — Tuesday, Aug. 12 at 8 p.m. in the council chambers.

Board of Education — Tuesday, Aug. 12 at 7:30 p.m. in the Middle School multi-purpose room, 1000 Jackson St.

Anti-canal drive begins in East Bay

East Bay opponents of the Peripheral Canal kicked off their drive last week to put the controversial issue on the statewide ballot.

Tom Powers, a Contra Costa County supervisor and chairperson of the East Bay group opposing the canal, said that local officials from throughout Alameda and Contra Costa County were supporting the effort. He made his announcement at a news conference at Contra Costa College.

Powers said that public officials, as well as concerned citizens, will have until Sept. 30 to get their petitions in for verification. In addition to the 350,000 to 500,000 signatures that need to be collected, those collecting the signatures will be asking for donations of from 50 cents to \$1 to help fund the effort.

Coordinators for the East Bay effort are Martha Ture (524-8403) and Julie Bussey (548-1315). Any questions regarding the drive can be addressed to

these individuals. Besides the broad support being given by the local communities in the area, Powers said that the group also has received endorsements from various environmental and other interest groups. Among the endorsers are the California Sierra Club and the Gray Panthers of West Contra Costa County.

In an effort to get the referendum on the statewide ballot, the California Coalition against the Peripheral Canal is coordinating the drive in Sacramento. Lorel Long and Green at 916-440-0000.

Powers pointed out serious questions at the cost of the Peripheral Canal as well as mental problems in the building of the project have led to seek a referendum to allow multi-billion dollars to be built.

Anti-draft group says some 30 percent did not sign up

SAN FRANCISCO — Representatives of an anti-draft organization said today that figures from postal workers indicate as many as 20 to 30 percent of eligible men did not register for the draft, and the organization was seeking the actual figures under the Freedom of Information Act.

Mark Hage, a staff member of the Central Committee for Conscientious Objectors, a nationwide organization, said requests for information were mailed today to Bernard Rosker, director of the Selective Service System, and Postmaster General William F. Bolger.

The figures released in a press conference here today were based on figures obtained from postal workers around the nation, Hage said.

"It's inconceivable to us that

postal workers have some idea about how many registered and the Selective Service doesn't," he said. "We're just afraid that somebody is going to doctor the figures before they are made public."

Col. John Abrahamson, manager

of the Selective Service office in San Francisco, said that figures were now being by the Internal Revenue and estimates based on figures would not be available about 30 days.

SALARY

(Continued from Page 1)

The city's non-union staff will receive the same wage increase and the park and street workers, Sinclair said.

Police are represented by a separate memorandum of agreement which does not expire until December, he said, and there are no other employee groups requiring negotia-

tions. The wage proposal is ratified by the employees and now require approval by council.

It was the consensus of the council at its meeting Monday that the agreement was approved and the decision was put off until next month.

Esperantists: stumping for an international language



—Times Journal photo by Trent Saviers
Donald Harlow

By ROBERTA ALEXANDER

EL CERRITO — Donald Harlow speaks a language that he says is between 4 and 32 times easier to learn than any other.

Harlow runs the headquarters of the Esperanto League of North America (ELNA); he is its only paid employee, and he is a busy man.

"The more work I have, the more people it means are interested," Harlow said.

He said that an Esperantist scholar figured out that the universal language is four times easier for a French speaker to learn than Spanish and 32 times easier for a Swahili speaker to learn than Chinese. Sixty percent of its vocabulary comes from the Romance languages and 30 percent from the Germanic languages, mostly German and English. The remainder is drawn from Slavic, Greek and Oriental tongues.

Harlow doesn't think that Esperanto will solve all the world's problems nor does he approve of legislation requiring it to be taught.

"Many Esperantists are almost religious," he acknowledged. "But I don't want to push it like some outie religious cult."

In Hungary and Denmark, Harlow said, the governments are considering a requirement that Esperanto be offered as an elective language.

"I wouldn't support such a law here because I believe in local school autonomy," he said.

What about the claim of some Esperantists that the language would prevent war? "There are wars and wars," Harlow said. He considers World War II "inevitable" because "there was a whole country lined up behind a madman."

"On the other hand, it's hard to fight or to send your sons off to fight people that you know."

"Esperanto wouldn't answer the problem of what countries should say to each other, but at least they could say it," he said.

He thinks Esperanto has a better future than any other language. "Of course civilization may fall apart next year, in which case it's moot, but if it doesn't, we need Esperanto," Harlow said.

He isn't upset at what some have called Esperanto's "slow" development.

"We've gone from one speaker to over a million in less than 100 years. That's not slow."

No one's really sure how many speakers of Esperanto there are worldwide, although estimates vary between 1 and 10 million. Harlow leans toward the lower figure.

He is one of only two people in the United States who earn a living through Esperanto. (The other is a part-time Esperantist in a New York-based organization near the United Nations.)

Harlow has found many personal benefits from Esperanto, notably the opportunity to meet — and be able to talk to — so many foreign people. Last week he attended an international conference of Esperantists in

YOUTH NOTES

TEJO anoncas haveblecon en Esperanto kaj angla lingvoj de 32-paĝa raporto pri la seminario kiu okazis en julio 1979 paralele kun la 35a TEJO-Kongreso en Austerlitz. Kosto proks. \$3.00.

TEJO okazigos la 36an IJK (TEJO) kongreson en Rauma, Finnlando, 25an julio ĝis 1a aŭgusto. Finna televido filmos ĝin kaj aperigos la filmon en aŭtuno. Ĉiun vesperon kongresanoj rajtos ĝui la faman saŭnon. Ekskursoj kondukos la junulojn tra sudokcidenta Finnlando. Kompreneble troviĝos tie ankaŭ seriozaj tagordo.

En Vancouver je 26a julio okazos la jara kongreso de Junulara Esperantista Kanada (dum la ELNA-KEA kongreso). Interalie oni diskutos kunagadon kun junularaj Esperantistaj movadoj en la Pacifik-regionaj landoj. Tial JEK invitas ĉiujn Esperantistojn ne pli ol 30-jaraj. Por informo, skribu al: Paul S. Hopkins, 715 Donovan Ave., Victoria BC, Canada V9B 2A4. Ne estas kotizo sed oni dankeme akceptos donacon.

J E N (Usona) Esperantistoj malpli ol 25-jaraj) anoncas, ke ĝi disponas aligilojn por la 36a IJK en Rauma, Finnlando; provokzemplerojn de Konkize, la dumonata komunika bulteno de TEJO kaj de ĝiaj landaj sekcioj. Ĉiuj ĉi sendotaj kontraŭ 50 cendoj en poŝtmarkoj.



A sample from the ELNA newsletter

Vancouver and had several enjoyable conversations with his counterparts from Beijing. His Air Force years in England were enhanced by all his contacts with local Esperantists.

"It's easy to travel. You can find Esperantists all over and sometimes you stay with them. You're in touch with others around the world," he said.

Harlow thinks that's particularly important for Americans: "the United States is isolated by oceans and by attitude. We recognize the rest of the world when it trusts itself on us."

Many Esperantists belong to clubs; the nearest one is in San Francisco and has about 300 members, Harlow estimated.

ELNA is not an umbrella organization for those clubs, but rather a contact point and information service. Its president is El Cerrito resident William Harmon.

One of Harlow's duties is to answer requests for information, which come in from all over the world. So

metimes he is able to put an isolated Esperantist in touch with others nearby — "and they can hardly believe it."

He also handles ELNA's book service, which includes about 1,000 works, both written in, and translated into, Esperanto.

Harlow taught himself Esperanto out of a book when he was a teenager in Portland. He says most people, depending on their skill and motivation, can learn it in a few months.

"People think Esperanto died in 1919, or maybe in the '30s," he said. "I want them to know we're here." (ELNA can be reached at P.O. Box 1129, El Cerrito 94530; or call 653-0998.)

Harlow emphasizes that Esperanto is important because business is not transacted at formal, speech-making events: "business is done in bars, and there are no interpreters."

CRP classes instruct people to save lives

Oakland's Samuel Merritt Hospital will track courses on how to perform a lifesaving technique called, CPR, which is short for cardio-pulmonary resuscitation.

Beginning in August and continuing through December, one CPR class will be offered to the community every month. Each class is composed of three two-hour sessions held on Monday evenings from 7 to 9 p.m. in Merritt Hospital's dining room annex. Upon completion of all six hours of instructions in basic life-support from the American Heart Association.

As class size is limited, call Merritt's Educational Services Department at 655-4000, Extension 479, to reserve a space in the class of your choice. Only \$5 is charged to cover the cost of printed materials.

When a person stops breathing or his heart stops — for any reason — there is only about three or four minutes before irreparable brain damage occurs.

"If CPR is initiated to support the victim until emergency help can arrive, the chances of that person surviving are greatly increased," remarks cardiologist Richard W. Terry, M.D., from Oakland's Merritt Hospital. "That is why it is so important for everyone to know how to perform CPR — it's the person who is at your side that counts."

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A wet, wild summer day in El Cerrito

By STEVE KANIGHER

EL CERRITO — To win the admiration of his friends, all Mike Treloar had to do was complete two laps in the swim center's main pool off Moeser Lane.

But he had to do it in a cardboard boat made by kids at the Harding Park Child Care Center.

Using two dust pans as oars, the skinny nine-year-old polished off eight opponents representing local parks and day camps to win the first event of last week's Water Carnival.

Most of the boats collided in the center of the pool as Treloar's craft, buoyed by empty detergent and juice cartons, made it diagonally to the finish line.

About 400 children and adults turned out for the carnival, coordinated by the lifeguards who work daily at the two heated swim center pools.

The 90-minute program, attracting children from 4 to 16, was filled with imaginative individual and team events.

Cliff Marchetti, recreation services supervisor, and two lifeguards, Jack Parmeter and Heidi Schmidt, followed the boat race with comic routines off the high dive.

Shortly thereafter, about 20 teenagers jumped into the deep end of the big pool

in pursuit of a watermelon greased with petroleum jelly. The winner was the one who could grab the watermelon and place it over the edge of the pool.

The action was similar to a group of cowboys attempting to grab a greased pig in an enclosed ring.

As that was happening, children on the other end of the big pool were involved in a relay race where the swimmer, after doing a lap, gave his shirt to his team-

mate. The teammate would put on the sopping wet t-shirt and swim back.

Young children in the small pool had an amusing relay race of their own. Keeping their hands behind their backs, they had to blow ping pong balls across the pool.

The lawn adjacent to the small pool was used for a relay, too. Two groups of kids, pitted against each other, ran about 30 yards with glasses of water, emp-

ted them into pitchers, and ran back. The team that filled their pitcher first was declared the winner.

Another relay in the big pool required backstrokers to swim with oranges tucked in their necks.

Several kids lined up for the chance to throw a wet sponge at lifeguards diving off the high platform. As the targets jumped off the springboard, they were pelted with as many as a

dozen sponges. Kids on the lawn, while, bobbed for eggs with their noses one end of the grassy other.

Winners of all these individual events received free swim passes for one day. The carnival closed with dozens of kids jumping into the big pool in a race of nickels and pennies.



—Times Journal photo by Trent Saviers
A young competitor runs with a glass of water



—Times Journal photo by Trent Saviers
Lifeguard Kevin Banks, center, helps Robin Stiffler, bottom, win a greased watermelon contest

Senior centers

ALBANY

The Albany Senior Center is at 846 Masonic Ave., 644-8500. Hours are Monday-Friday, 9 a.m.-5 p.m.; Saturday, 10 a.m.-4 p.m. and Sunday, noon-4 p.m.

Classes

Tuesday—Hook and Needle Group, 1-3 p.m.
Wednesday—Square Dance, 1-3 p.m. Myriam Heath, instructor. Fee: \$3.

Friday—Community Service Group, 10 a.m.-2 p.m.
Saturdays—Folk Dancing, 2-4 p.m.

Brown Bag Forum

The Brown Bag Forum meets 11:30 a.m.-1 p.m. Tuesdays. Coffee, tea and cookies will be provided. Upcoming discussion topics are Aug. 5 and 12, "Gift and Craft Creations," a lecture-demonstration by Annabelle Denham.

Special Events

Thursday, Aug. 7, membership meeting at 12:30 p.m.

Social Events

Bingo, Thursday and Saturday, 10:30 a.m.; Bridge, Friday, 12:15 p.m.; Singalong, Tuesday, 1:30 p.m.; Thursday, 11:30 a.m.

Cards and conversation, Thursday, noon-5 p.m.; Saturday, noon-4 p.m.; Sunday, noon-4 p.m.

Mini-market for seniors only is held Thursdays from 11-11:45 a.m., with special produce buys.

The "Senior Prom" ballroom dance is held in the multi-purpose room at Marin School every Saturday from 8 to 11 p.m. To brush up or learn new steps, come at 7:30 p.m. Donation: \$1.50 (includes refreshments); Live Band — Carmen Owens on the piano-organ. Les Soares on drums and Harry Walker, saxophone. Myriam Heath and Marietta Ferreira, hostesses.

Tax Aid

Free assistance in preparing tax forms for Renter and Homeowner claims is now available for seniors and others who need help. Hours: Friday, 2-4:30 p.m. or by appointment.

Bus Trips

Wait list only for August, September and October trips.

• Aug. 19-20. Carson City. Cost is \$32.50 per person, \$44.50 single occupancy. Price includes round trip transportation, overnight accommodation. Bonus packages at three casinos. Bus leaves from El Cerrito Plaza K-3.

• Sept. 19-21. Solvang. "Danish Days," cost is \$72 per person (\$94 single occupancy). Trip includes transportation, two nights at the Turtle Inn and barbecue at Mission San Miguel.

• Oct. 22-23. Reno. Cost is \$32.50 per person (\$42.50, single occupancy). Stay at King's Inn.

Taxi-Van Scrip

Coupon books for both taxi and accessible van use, for Albany residents ONLY, are available at the center for \$4 per book.

The Senior Van is available for transportation Monday through Friday. Wednesday and Friday mornings are shopping trips. The van is also available for medical appointments or other purposes in connection with a person's practical affairs.

Menus

The Nutrition Site meal is served at 4 p.m. Advance reservations are required. Effective July 1, the suggested minimum donation is 75¢ for seniors, \$3 for persons under age 60.

Wednesday, Aug. 6, pork roast; Thursday, Aug. 7, baked chicken; Friday, Aug. 8, fish; Monday, Aug. 11, Salisbury steak; Tuesday, Aug. 12, cheese quiche; Wednesday, Aug. 13, spaghetti.

EL CERRITO

Christ Lutheran

Mondays, 9 a.m. to 2 p.m. at 780 Ashbury Ave. at Stockton; craft classes in the morning; 50-cent lunch at noon; afternoon program of information, speakers, community singing, sitdown exercises and folk dancing.

Classes in making pressed flower stationery, macrame, jewelry, weaving, ceramics, bottle cutting and knitting and crocheting are taught at the center which is co-sponsored by Richmond Adult Education.

On Aug. 11, Florence Thompson will help with Medicare and medical insurance problems. After lunch, Dr. John Hoagland is available for free foot screenings for members. At 12:45 p.m. Henry Savage will show slides of "Northern Ireland Today."

St. John's Center

St. John's Center is for El Cerrito residents aged 60 or over. It meets in the Catacombs building, 6570 Gladys St., every Tuesday from 9 a.m. to 2 p.m. (phone Tuesdays only: 234-2797, or call center director N. Gans at 529-1111).

The center is part of the Richmond Unified School Adult Education program for seniors, and is run by trained, supervised volunteers.

Craft classes are held from 9 a.m. to noon; ceramics, jewelry, tin and glass, macrame, knitting and crocheting, watercolor painting, weaving, cards and table decorations and nutrition.

There is a guest speaker following the free lunch. Then there is community singing, sitdown exercises and folk dancing until 2 p.m.

On Aug. 12, director Nancy Gans will discuss the costs, coverage and legislation of home care services.

Open House

Drop-in Center, 6500 Stockton Ave., behind the library; phone 526-0124. Lunch daily at noon. Programs

include:

Monday, disco dance with Bette Wilgus, 10 a.m., guitar workshop, 7 p.m.

Tuesday, fitness with Ed Taaf, 9:45 a.m., and 10:30 a.m.

Thursday, fitness with Ed Taaf, 9:45 a.m. and 10:30 a.m., information and referral, Bea Fields, 10 a.m.

Dialogue with Those Alone meets alternate Mondays, (Aug. 11 and 25) from 7-9 p.m.

Clifford Smith, a barber, will give haircuts Aug. 8 and 22 from 9 a.m. to 1:30 p.m. for only \$1. For appointments, call 526-0124.

On Wednesday, Aug. 13, Anna Saba, who is a food decorator, will show how to decorate your meals for parties, gatherings or special occasions. This event will start at 1 p.m.

Community Center

Mondays, 6 to 9 p.m. at El Cerrito Community Center, 7007 Moeser Lane. Program: first week, business and bingo; second week, cards and whist; third week, cards and games; fourth week, special programs.

Weekly dances are held Wednesdays from 8 to 11 p.m. at the center; live music, refreshments served at 9:30. Cost of evening, \$2 per person; information, phone 525-0747 during business hours.

Senior Citizens Club

The Senior Citizens Club meets Thursdays, 6 to 10 p.m. Phone 526-7462 for information. First Thursday of the month, business meeting; second, bingo; third, birthday observances; fourth, potluck; fifth Thursday, special programs.

Sakura-Kai Center

Activities for Japanese-speaking senior citizens, first and third Saturdays, 1 p.m. to 3 p.m. behind library, 6510 Stockton Ave.; arts, crafts, exercises, ceramics, "Shigin" (Japanese poetry singing) and social services available. For information, call William Waki, 525-7086.

Kensington

Kensington Senior Activity Center: 9:30 a.m. to 2:30 p.m. every Thursday at 52 Arlington Ave., offers workshops in crafts, table games and bridge to senior citizens with special programs at 1 a.m.

Lunch of sandwich, cake and coffee available for 60 cents to those 50 and over. Following lunch is group singing.

From 1-2:30 p.m. there is bridge for intermediate and advanced players. From 1-2 p.m. there is a round table discussion of gardening.



—Times Journal photo by Trent Saviers

FLOWER POWER — Moey Long, three, plants a flower at Memorial Park Clubhouse. She and other students at Albany Preschool did the planting as a community service. Registration at the preschool is still open for the fall.

Preschool set on Jewish life

Congregation Beth Israel in Berkeley is opening a new toddler-nursery school program beginning September, 1980.

The nursery program will include children from three to four years of age and will meet daily from 8:45 to 11:45 a.m. Two toddler/preschool programs will also be available for children from 18 months to three years of age. These two programs will meet either

Tuesday and Thursday or Monday, Wednesday and Friday from 9:15 to 11:45 a.m.

The curriculum will focus on traditional Jewish cultural life within a nursery school environment. Groups will meet at Beth Israel's new Hebrew School Building, 2230 Jefferson Street (near Bancroft Way). For information call Edie Wilson at 527-4906 or Marti Zedeck, 527-0719.

"Can we leaflet inside a post office?" "Do we need a permit to hold a sidewalk rally against the draft?" "What can we tell young men about refusing to register?"

Anticipating widespread protests against the draft in the next few weeks, the answers to these and many other questions about the legal rights of anti-draft protesters have been compiled in a new manual, The Rights of Anti-Draft Protesters, published by the American Civil Liberties Union of Northern California.

Outlining basic First Amendment rights, the manual will be sent to over 500 anti-draft groups in California and throughout the country and is available free of charge from the ACLU-NC.

According to staff counsel Alan Schlosser, many local postal officials do not know just what the law allows. Anti-draft groups could run into trouble with perfectly legal protest activities.

"Protestors must be ready and able to negotiate persistently with police and post office officials to insure that they are allowed to exercise fully their right to communicate with the public," Schlosser said.

"This manual will give organizers and attorneys an effective tool to use in their planning and in such negotiations."

The need for the manual became apparent when, over a month before registration was scheduled to begin, anti-draft organizers

began phoning the ACLU for legal advice after having been stopped in their protest activities.

Members of the Mt. Diablo Peace Center were told by the postmaster in Concord that they could not leaflet against the draft in the post office lobby. In San Bruno, the postmaster ejected a lone leafletter from the post office after a customer objected to the message of the leaflet. In fact, it is legal to leaflet inside the post office.

When a representative from the Sonoma County Peace Network called the Cotati postmaster about leafletting in the post office, she received a return call from the Selective Service. The Selective Service employee told her that she needed a permit to leaflet. In fact, no permit is required for leafletting.

The 27-page manual has

three major sections: protest actions in parks, streets, and sidewalks; protest actions outside or inside post offices; and the protest messages — what you can say.

The last section points out that in making anti-draft speeches and in talking to young men who are registering, the Selective Service Act makes it a federal crime to counsel, aid or abet a violation of the draft law, such as refusing to register.

However, protesters can still express strong political and moral opposition to the draft and draft registration. By making it explicit that the choice is up to the individual as to whether to register, the protester decreases the possibilities of any criminal prosecution.

"The law in this area is not clear at all, and some of the leading cases are not as protective of the speech rights of dissenters as the ACLU believes the First Amendment requires," Schlosser explained.

"Also, the decision whether to prosecute whom to prosecute, the contents of their protest will greatly affect the political considerations."

In addition to the ACLU-NC, the manual is advising anti-draft groups on specific items they may consider planning their group negotiating with officials.

It is expected that anti-draft groups will mount as the July 1 for commencement of draft registration and more groups are seeking advice in a First Amendment protest.

Library to offer kids' films

ALBANY — The Albany Library will offer five films on Thursday, Aug. 7, in its continuing summer series of movies for children aged seven to 12. The program runs from 2 to 3 p.m.

Program notes say:

• "Hardware Wars" — "If you thought 'Star Wars' was good, wait till you see what happens to Fluke Starbucker and Ham Salad in this low-budget spoof."

• "Blaze Glory" — "When he rides into town without a horse, you know Blaze is no ordinary cowboy."

• "American Time Capsule" — "Two hundred years of American history squeezed to just three minutes!"

• "Cosmic Zoom" — "Zoom beyond the galaxy and dive back into the world of your own molecules in a mind-boggling dash through the universe."

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Twyla Arthur's art colored by Mexico

By MOIRA ANDERSON

ALBANY — Twyla Arthur of Albany has always loved to paint. Now, she is not only painting, but was named artist for July at the Berkeley Art Co-op, which describes her work as "bold, simplified forms isolated in space" and "warm, emotional use of strong, contrasting colors."

The major flaw of the exhibit was that it is too small, and the artist's skill in handling form but not enough of her use of color. For it is in color that she seems to find her greatest expression, creating the right blends and contrasts to evoke the desired images in the viewer.

Both her colors and images are largely inspired by Mexico, where Arthur lived for a year. There she says, "so much color in Mexico... in the people, the countryside... there are fields of flowers... it was not only the visual colors that inspired her, but the culture — the literature, the mysticism and the daily life."

"Living there, you get the feeling of the country that you can't as a tourist," she said. Having traveled as an artist in Europe, she has felt the difference strongly. Arthur grew up in Oklahoma, where she studied art and got a degree in sociology. She also studied art in Mexico, and is contemplating doing a master of fine arts degree in the future. In Mexico she taught art to elementary and pre-school children, as she teaches it in Bay Area elementary schools, on a "visiting professional" basis.

She has experimented with other art forms such as drawing, is a skilled black-and-white photographer, and worked as an interior designer. All along she has loved to paint, yet never got started.

"It was like something you always say you're going to do — someday."

Thus, while Mexico provided the inspiration, moving to the Bay Area provided the actual stimulus. She was inspired by the faster pace of life in California, the emphasis on arts in the area, and in large part to exhibit of local artists.

One such exhibit was particularly encouraging: it demonstrated the stylistic development of an artist over time.

"Before I saw that," she said, "I thought I had to wait — well, perfect already."

The exhibit convinced her that she could start at the beginning, developing her own style as she went along: there was no need to wait. With that in mind, she began painting in a highly structured style — colorful geometric forms on canvas — knowing from her experience in design that form and color were things she already knew how to handle. Arthur has progressed since then, tightly structured, more spontaneous style, and now she has become "looser yet."

Currently, Arthur uses acrylics: "I don't have a studio — the smell, the turpentine — are too much of a problem to work with. Someday I'll probably work with oil. I don't feel limited by acrylics yet."

Most of her work is done on canvas or linen, though she has been experimenting with the possibilities in text painting on burlap. Three of the paintings on exhibit at the Art Co-op — "Head," "Head (incognito)," and "Woman Looking at the Sea" are on burlap.

Arthur insists that she is not trying to make any statements with her work, but to portray things as she sees or felt — them. Her use of colors, too, is an attempt to evoke the feeling of a scene rather than exactly replicate it. Hence, they are not always entirely realistic,



"Head (Incognito)" by Twyla Arthur of Albany

but appropriate to the mood of the subject matter.

After three years of serious painting, she feels that now she has enough work to exhibit and still be selective about it. Prior to the Co-op exhibit, most viewing — and sales — of her work have been limited to friends. Now, she is hoping to gain more local recognition and reaction. Since the Co-op exhibit, she will display more of her work at "The Space," an art gallery on College Avenue at Al-

catraz in Berkeley, through Aug. 9.

Arthur looked forward to that exhibit especially, "because I'll be there, I'll be able to hear what people think of it."

Hopefully, they will think that they want to see more of it.

Moira Anderson is a freelance writer living in Albany.

Georges celebrate 55th anniversary

EL CERRITO — Millard and Margaret George celebrated their 55th wedding anniversary on Aug. 1.

George said the anniversary is "a goal which so very ever reach, and with the present-day trend of modern youth, the number who will ever reach this goal will be few and far between."

George is a retired executive of the American Smelting and Refining Co. and served for 42 years in Texas, Mexico and San Francisco and retired at the firm's Selby plant in 1966. He was foreman of the Contra Costa County grand jury in 1968 and was co-founder and charter president of the Berkeley Camera Club. For the past 12 years, he has been a member of Sons in Retirement, an organization with more than 20,000 members and 88 branches in northern and central California. He was state president of the group in 1977.

Mrs. George is well-known in the East Bay and Contra Costa County as co-organizer of the maritime nursery system in the city of Richmond during World War II. She served as supervisor for three of the system's schools for many years. Her 25-year teaching career includes service in

schools in El Cerrito, Richmond, San Pablo, Rodeo and Pinole.

When George wrote to the Times Journal, he said he and his wife have "countless friends all over the San Francisco Bay Area and throughout central and northern California."

"Both Mrs. George and I would like very much for all of these friends to know about our proud day," he said.



The floor plan of a house determines how well that house can meet the requirements of the family that lives in it. Aside from obvious things such as the number of bedrooms, the arrangement of rooms and the flow of traffic is of major importance.

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School districts seek funds for handicapped

Seven school districts in Alameda County, including Albany, have applied for \$270,795 in federal funds earmarked for handicapped students. \$2 million of this grant is under the Education All Handicapped Children Act (P.L. 94-142) which provides for the education of all handicapped children in all 18 districts.

This is the second year that the county-wide consortium has applied jointly for P.L. 94-142 funds through the Alameda County Office of Education.

Local priorities for these districts are to increase services to populations, which have been traditionally underserved by special education, such as limited English speaking/non-English speaking individuals, minorities, and high school dropouts.

Rose promoted by U.S. Navy

KENSINGTON — Navy Lt.j.g. Timothy N. Rose, whose wife, Ruth, is the daughter of Clifford and Elizabeth Miller of 54 Eureka Ave., Kensington, has been promoted to his present rank while serving aboard the guided missile destroyer USS Decatur currently undergoing overhaul in Bremerton, Wash. Rose is a 1973 graduate of Castro Valley High School and a 1978 graduate of the U.S. Naval Academy, Annapolis, Md., with a bachelor of science degree.

Orchestra seeks an accompanist

The Berkeley Community Chorus and Orchestra needs a piano accompanist for Monday, Tuesday and Wednesday evenings beginning in September. Wages are competitive.

The group meets at New Jefferson School in north Berkeley. Please call Eugene Jones at 638-5692 evenings for further information or to arrange an interview.

PUBLIC NOTICE

NOTICE OF DEATH OF LILA R. HANSEN, also known as LILA HANSEN, AND OF PETITION TO ADMINISTER ESTATE CASE NUMBER: 55480 SUPERIOR COURT OF CALIFORNIA, COUNTY OF CONTRA COSTA ESTATE OF LILA R. HANSEN, also known as LILA HANSEN, DECEDENT

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of LILA R. HANSEN, also known as LILA HANSEN

A petition has been filed by HAROLD B. HANSEN in the Superior Court of Contra Costa County requesting that HAROLD B. HANSEN be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. A hearing on the petition will be held on Aug. 28, 1980 at 9:00 a.m. in Dept. 9 located at Courthouse, Court and Main Streets, Martinez, CA.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200 of the California Probate Code.

BLAIR F. BURTON, Attorney for petitioner

BLAIR F. BURTON 6318 Fairmount Avenue El Cerrito, CA 94530 J-1214—August 6, 13, 20, 1980

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Vitamin C Safeway, 500 mg, 100 ct.  \$1.39	Safeway For ONE-STOP SHOPPING		COMPARE OUR PRICES SEE HOW YOU SAVE!	Vitamin E Safeway, 400 I.U., 100 ct.  \$2.69
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Colgate Toothpaste 7 ounce  99¢ Save 40¢ each	MORE THAN A FOOD STORE	Listerine Mouthwash 32 ounce  \$1.79
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Liquor, Wine & Beer		Lilt Special Home Permanent, each  \$1.69 Save 80¢ each	Luv's Diapers Disposable, Small-24 ct., Medium-18 ct., or Large-12 ct.  \$2.69 ea. Save 40¢ each	Gerber Baby Food or Juice, Strained, 4.5 oz.  4.88¢ Save 12¢ each
MacNair's Scotch 86 Proof, 750 ml.  \$5.49 Save \$1.10 each	Kaviana Vodka 80 Proof, 750 ml.  \$2.89 Save 70¢ each	Flex Shampoo 16 ounces  \$1.79 Save 10¢ each	Paper Towels Hi-Dri, roll  45¢ Save 16¢ each	
Amaretto di Santo Liqueur 750 ml.  \$3.99 Save \$1.00 each	Stanton's Gin 80 Proof, 750 ml.  \$2.89 Save 70¢ each	Panty Hose Safeway, All Sheer, each  99¢ Save 30¢ each	Safeway 135 Film 24 Color Print Roll  \$1.89 Save 30¢ each	
4 Liter Table Wines Scotch Buy Red, Rose or White  2 for \$5 Save \$1.58 on 2	Karl Manheim Liebfraumilch .75 liter  \$2.19 Save 70¢ each	Kodak 135 Film 24 Color Print Roll  \$2.69 Save 30¢ each	SAFEGWAY COUPON With This Coupon D.C. Color Print Developing Present this coupon when you pick up your photofinishing order and \$1.00 will be deducted from the total price. \$1 off regular price Limit 1 per coupon. One coupon per family please. Good only August 6, 1980 thru August 12, 1980 at your Safeway Store listed below.	

Brown Derby Beer 12-11 oz. bottles  \$2.09 Save 40¢ each	Mineral Water Bel-air Sparkling, 25 oz.  2 for \$1 Save 14¢ on 2	PATIO SET  \$79.99 Save \$20.00 each • 1-Table • 1-7 foot Umbrella • 1-Table Cover • 4-Chairs with Pads	Tickets Now On Sale at SAFEWAY to  Buy your tickets at regular admission prices and receive a coupon book valued at \$7.95 FREE! Good thru Sept 1, 1980 	Items and prices in this ad are available August 6, 1980 thru August 12, 1980 at all Safeway Stores in the following counties: Solano, Napa, Sonoma, Marin, Contra Costa, Alameda, San Francisco, San Mateo, Santa Clara, Monterey and Santa Cruz. *Prices not effective in Vacaville or Fairfield. Sales in retail quantities only.
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7-DAY AD SPECIALS—PLUS 100's MORE IN THE STORE!



FRESH Armour Star
Hen Turkeys, USDA Grade A

lb. 75¢



London Broil
or Top Round, Safeway USDA Choice Grade Beef

lb. \$2.88



Ground Beef
Regular, Does Not Exceed 30% Fat

lb. \$1.28



Smok-A-Roma
Safeway, Half Hams, Water Added

lb. \$1.88

Blade Chuck
Roast, Safeway USDA Choice Grade Beef

lb. \$1.28

Assorted Chops
Pork Loin

lb. \$1.58

Top Round
Boneless, or Tip Steak, Safeway USDA Choice Grade Beef

lb. \$2.68

Corned Beef
Brisket, Safeway, Plain or Kosher Style

lb. \$1.78

Boneless Chuck
Roast, Under Blade, Safeway USDA Choice Grade Beef

lb. \$1.99

Crossrib Roast
Bottom or Rump, Boneless, Safeway USDA Choice Grade Beef

lb. \$2.28

Sliced Bacon Farmer John 1-lb. \$1.29

Smoked Picnics Hickory, Water Added (Slices, lb. 87¢) **77¢**

Turkey Franks Manor House 12-oz. **69¢**

Smoked Chops Pork, Center Cut **\$1.99**

Ground Turkey Meat, Frozen **99¢**

Skirt Steak Safeway USDA Choice Grade Beef **\$2.49**

Luncheon Meats

Premium Franks Safeway, Meat 1-lb. **\$1.59**

Chicken Franks Manor House 1-lb. **89¢**

Polish Sausage Safeway 12 oz. **\$1.49**

Jumbo Bologna Safeway lb. **99¢**

Hebrew National Skinless Franks 12 oz. **\$1.99**

Seafood Specials

Dungeness Crab Whole, Frozen Fresh Thawed lb. **\$1.69**

Fish Cakes Commodore, Precooked, Frozen lb. **79¢**

Halibut Steaks Alaskan, Frozen Fresh Thawed lb. **99¢**

Breaded Fishsticks Frozen lb. **\$1.39**

Fish Fillets Mrs. Paul's, Light Better, Frozen 9 oz. **\$1.59**

Seedless Grapes
Thompson, Refreshing Summer Treat, U.S. #1

lb. 68¢

Romaine Lettuce
For a Fresh Crisp Salad

ea. 19¢

Fresh Mushrooms
Gourmet's Delight

8-oz. Pkg. 59¢

Natural Juices
Orange, Grapefruit & 5 Other Flavors, 8 oz.

3 for \$1

Broccoli
Garden Fresh

bunch 49¢

Bartlett Pears
Sweet Summer Fruit

3 lbs. \$1

Carrots
Clip Top

5 lbs. \$1

Florida Limes
Great for Limeade & Tonic Drinks

3 for 25¢

Oranges
Valencia, Great for Fresh Juice, Cello

4 lb. bag 89¢

Hoody Peanuts
Roasted or Salted in Shell

1½ lb. bag \$1.59

Safeway Flower Show

Rex Begonias

Decorate your home with beautiful foliage of a Rex Begonia plant from Safeway

\$4.98

6" Pot 4

Medium AA Eggs
Lucerne, Dozen

59¢

Minute Maid
Orange Juice, Frozen, 6 Ounces

39¢

C & C Cola
2 liter (Cragmont, 2 liter, 69¢)

77¢

Tomatoes
Scotch Buy, 16 Ounces

29¢

Pineapple
Dole, 8 Ounces

3 for \$1

Apple Juice
Tree Top, 64 Ounces

\$1.67

Buttermilk Bread
Mrs. Wright's, 1½ lb. Loaf

59¢

Ice Cream
Snow Star, Half Gallon

\$1.39

Vegetable Oil
NuMade, 24 Ounces

89¢

Mozzarella
Precious Cheese, 8 Ounces

\$1.09

Carrot Cake
Oregon Farms, 17 Ounces

\$1.77

Cat Food
Crave, 3.5 Pounds

\$1.99

Country Time
Lemonade Mix, Makes 10 Qts.

\$1.99

Kidney Beans
Red, Light, Town House, 15 Ounces

3 for \$1

Napkins
Western Living, 100 Count

49¢

Buttermilk
Lucerne, Half Gallon

69¢

Juice
Town House, Pink Grapefruit, 46 oz.

79¢

Crackers
Sunshine, Krispy, 16 Ounces

59¢

Mayonnaise
NuMade, Quart

\$1.09

Heinz Ketchup
14 Ounces

45¢

Jeno's Pizza Rolls
Frozen, 6 oz.

77¢

Minute Maid
Chilled Orange Juice, 64 oz.

\$1.49

Cragmont Soft Drinks
6 Pack, 12 oz. cans

6 for \$1.19

Sunshine
Chip-A-Roos, 12 oz.

99¢

American Cheese
Food, Lucerne Single Wrap, 16 oz.

\$1.99

Fruit Juice
Snow Crop Five Alive, 12 oz.

89¢

Tortilla Chips
Party Pride, 7.25 oz.

59¢

Pinto Beans
Town House, 15 oz.

37¢

Del Monte Pears
Bartlett Halves, 29 oz.

85¢

Green Giant
Entrees, 14 oz.

\$1.59

Pine-Sol
28 oz.

\$1.85

Spray 'n Wash
22 oz.

\$1.59

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Parks & recreation

The Albany Park & Recreation Department has the following activities for tiny-tots, pre-teens, teens and adults. For further information contact the Department, 1000 San Pablo Avenue, or call 644-8514.

Children's pre-teen tennis clinic, teen tennis clinic, adult tennis lessons, gymnastics for children 18 months through nine years, teenage athletic program, plastic

ball league, women's softball league, men's softball league, men's liniment-softball league, two summer day camps (which include four three week sessions), music program for students in grades four through nine, yoga class for adults and teens, pre-teen pottery, adult and teen pottery, dog training classes, pre-school program, cake decorating, creative puppetry, calligraphy for teens and adults, and jazzercise for teens and adults.

Day Camps

Day camp sessions, which run weekdays from 10 a.m. to 4 p.m., are being held at Memorial and Terrace parks. The program includes sports, cooking, arts and crafts, swimming, nature lore, beach exploring, hiking, biking, field trips, ice skating, singing, fishing and cook-

outs. Children are encouraged to bring their own bag lunch. The last session runs from Aug. 18 to Sept. 5, and costs \$60 for residents and \$70 for non-residents.

Jazzercise

Jazzercise classes are being held at the Albany Community Center, 1123 8th St. Classes will be held Mondays and Wednesdays from 6:30 to 7:15 p.m. and from 7:30 to 8:15 p.m., Tuesdays and Thursdays from 6:45 to 7:30 p.m., and Saturdays from 11 to 11:45 a.m. Fees are \$7.50 monthly for one class a week, \$15 a month for two classes a week, and \$22.50 a month for three classes a week.

Classes will also be held at Albany Temple, 533 San Pablo Ave., on Tuesdays and Thursdays from 9:30 to 10:15 a.m.

Child needs foster home

Richard is a well-behaved 12-year-old in need of a foster home. Richard (not his real name) is of average intelligence but is behind in school because of frequent moves and lack of parental guidance.





This youngster needs a foster parent who will help him develop good study habits. Most importantly, Richard needs someone to help him accept the fact that his mother's problems prevent her from providing a home for him. To learn about becoming a licensed foster parent, call the Alameda County Social Services Agency, 874-6911.



The payment for and care of foster children ranges from \$183 to \$200 a month depending on the child's age.

PARK and SHOP Easier on Your Food Budget



Discount Food Markets PLUS ... U.S.D.A. MEATS, QUALITY PRODUCE, COURTEOUS SERVICE!

SUPER DISCOUNT VALUE \$1.99 VALUE  SUGAR C&H PURE CANE 5-lb. BAG \$1.85	SUPER DISCOUNT VALUE \$1.35 VALUE  OIL WESSON 24-oz. BTLE. \$1.05
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SUPER DISCOUNT PRICE!  Mayonnaise KRAFT \$1.59 VALUE \$1.39 QT. JAR	SUPER DISCOUNT PRICE!  Coca-Cola 53¢ VALUE PLUS BOTTLE DEPOSIT 3 FOR \$1 32-oz. BTLE.	SUPER DISCOUNT PRICE!  Cat Tuna FIGARO 38¢ VALUE 29¢ 6 1/2-oz. TIN	SUPER DISCOUNT PRICE!  Potato Chips LAURA SCUDDER REG. 8-oz. CHIP FOR DIP, SOUR CREAM, \$1.19 79¢ 7 1/2-oz. TWIN PACK
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SUPER DISCOUNT PRICE!  Chopped Olives BELL'S 39¢ VALUE 29¢ 4 1/4-oz. TIN	SUPER DISCOUNT PRICE!  Coffee HILLS BROS. \$5.69 VALUE \$5.29 2 lb. TIN	SUPER DISCOUNT PRICE!  Ketchup HEINZ 59¢ VALUE 55¢ 14-oz. BTLE.	SUPER DISCOUNT PRICE!  Cookies MOTHER'S \$1.29 VALUE (FUDGE, DUTCH FUDGE, CHOCOLATE, CREAM, PARTY TIMES, PEANUT BUTTER SANDWICH) \$1.14 REG. PKG.
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SUPER DISCOUNT PRICE!  Pie Crust PILLSBURY MIX OR STIX. 69¢ VALUE 59¢ 11-oz. PKG.	SUPER DISCOUNT PRICE! Dog Food KAL KAN ALL VARIETIES 69¢ VALUE 23 1/2-oz. TIN 63¢	SUPER DISCOUNT PRICE! Orange Juice FLAV-R-PAC FROZEN (12-oz. TIN 77¢) 6-oz. TIN 45¢ VALUE 39¢	SUPER DISCOUNT PRICE! Perrier Water \$2.09 VALUE 4 PACK CTN. 11-oz. BTLE. \$1.69	SUPER DISCOUNT PRICE! Raisin Bread NEW SUNMAID CINNAMON SWIRL. 16-oz. LOAF \$1.59	SUPER DISCOUNT PRICE!  Fresh Eggs RANCH PAK LARGE GRADE AA 79¢ DOZEN
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FARM FRESH PRODUCE  TOMATOES FIRM, RIPE, LARGE SIZE 39¢ lb.	CHOICE MEATS & POULTRY  FRESH CALIFORNIA GROWN FRYERS 66¢ WHOLE BODY lb.
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APPLES GRAVENSTEIN. 4 lb. CELLO BAG 99¢	ORANGES SWEET SUNKIST VALENCIAS. LARGE SIZE 4 LBS \$1
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 CANTALOUPE VINE RIPE. LARGE SIZE 3 FOR \$1	LEAN GROUND TURKEY ALL SKINLESS THIGH MEAT 1.19 lb.	BONELESS BAR-B-Q STEAKS EXCLUSIVELY U.S.D.A. CHOICE BEEF CHUCK 2.79 lb.
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ITALIAN SQUASH FANCY 4 LBS 99¢	YELLOW ONIONS U.S. No. 1 15¢ lb.	LAMB BLADE CHOPS U.S.D.A. CHOICE SPRING LAMB SHOULDER 2.79 lb.	FRESH GROUND BEEF ANY SIZE PACKAGE DOES NOT EXCEED 30% FAT 1.29 lb.	BEEF CHUCK STEAKS EXCLUSIVELY U.S.D.A. CHOICE BEEF 1.89 lb.	ASSORTED PORK CHOPS FAMILY PACK 1.49 lb.
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 PEARS BARTLETT 29¢ lb.	GALLO SALAME FANCY SLICED BACON BAR-S FRANKS SLICED IMPORTED HAM FRESH BUTTERFISH FILLETS (6-oz. SLICED \$1.59) CUDAHY BAR-S TASTY BIGGIES DAK SUPER LEAN PAN READY
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LOW FROZEN FOOD PRICES! MINUTE MAID ORANGE Juice \$1.53 VALUE 16-oz. TIN \$1.29	LYSOL REG. OR SCENT II DISINFECTANT Spray \$2.07 VALUE 12-oz. TIN \$1.69	RED KIDNEY Beans 75¢ VALUE 27-oz. TIN 69¢	CARNATION Cot. Chees 89¢ VALUE 1-PINT 85¢
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SARA LEE WALNUT LAYER Cake \$2.53 VALUE 17-oz. PKG. \$1.98	LYSOL BATHROOM Cleaner \$1.43 VALUE 17-oz. TRIGGER 99¢	OVEN BAKED Beans 95¢ VALUE 28-oz. TIN 79¢	CARNATION Yogurt 39¢ VALUE 1/2 PT. 3 FOR \$1
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ELENA BEEF 'N BEAN, GREEN CHILI Burritos 33¢ VALUE 5-oz. PKG. 4 FOR \$1	FANTASTIC CLEANER (25¢ OFF DEAL) Refill 64-oz. \$1.99	SLICED Beets 59¢ VALUE 16-oz. 49¢	SAFFOLA SOFT Margarine \$1.09 VALUE 1-LB. PKG. \$1.09
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OREGON FARMS CARROT Cake \$2.10 VALUE 17-oz. PKG. \$1.79	DENNISON'S—WITH BEANS HOT OR REG. Chili 79¢ VALUE 15-oz. TIN 69¢	APRICOT Nectar 39¢ VALUE 12-oz. TIN 3 FOR \$1	DARIGOLD 1st QUALITY GRADE AA Butter \$1.79 VALUE 1-LB. CUBES \$1.79
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NATURAL SUN ORANGE Juice 53¢ VALUE 6-oz. TIN 39¢	Bulbs 60, 75 & 100 WATT \$1.99	JULIENNE Beets 49¢ VALUE 16-oz. 39¢	PARK and SHOP Discount Food Markets OUR PRICES SAVE YOU MONEY RIGHTS RESERVED TO LIMIT QUANTITIES WELCOME AT PARK & SHOP! 1850 SOLANO AVE. • BERKELEY • 2655 TELEGRAPH Prices Effective Seven Full Days Through Tuesday, August 12, 1980. No Sales to...
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Engineer John Clark



Standard Oil tracks pose a challenge for engineers

Railroading with the Santa Fe: one man's dream come true

By STEVE KANIGHER

ALBANY — John Clark holds one of those jobs children want to have "when they grow up." In fact, many of his adult acquaintances are jealous.

That's because he's a railroad engineer for Santa Fe in Richmond. For him, railroading is a childhood dream-come-true.

"I've wanted to be an engineer since I was about eight years old," said the 27-year-old Stannage Avenue resident, who also builds model trains.

Clark, with short, wavy hair and a medium frame, is an easy-going individual who enjoys waving to pedestrians from his operating station.

Clark, raised as a child, ironically, in Santa Fe, N.M., got his first railroad job in 1975, when he was hired by Central California Traction Company of Stockton as a brakeman. In that position, he traveled in a caboose from yard to yard, uncoupling or adding cars to the train he was on.

He joined Santa Fe in Stockton in April of 1977 as a switchman. A switchman is like a brakeman, but works only in one yard. A year later, he became an apprentice engineer and was allowed to operate trains with the supervision of veteran engineers.

Beginning in January, 1979, he attended six weeks of classes on engineering theory conducted by Santa Fe in Topeka, Kan. After he graduated, he was tested on a qualifying run from Fresno to Richmond. He fought off a mild case of nervousness to pass the test and qualify as an engineer.

He works Saturdays through Wednesdays from 3:59 to 11:59 p.m. Why not 4 to 12?

"From what I can gather, they don't like to give even times over the radio or on train orders," he said. "It must have caused confusion at one time."

Unlike the engineers of the past, who wore grubby, pin-striped overalls, Clark usually works in jeans, cowboy boots, a long-sleeve workshirt and t-shirt. He also wears glasses at all times as protection against flying debris whipped in through open windows.

The first 20 minutes of his shift is spent checking his engine — or "unit" as it is normally referred to — for oil leaks or other unusual occurrences.

He then flips on an "isolation switch" on the back wall of the unit's operating station. The switch activates the electric circuitry necessary to run the unit.

Then he sits in his padded swivel chair in front of his controls. If you were to face the train, he would be in the left corner.

Perhaps the most startling aspect of his work is the relative simplicity of the train's controls. They form somewhat of an arc, similar to the way drums are set up for a drummer.

To his right is a sliding window which he leans out of from his chair to check rail signals and crossings. Oblong vertical windows in front of and behind him allow Clark to monitor the progress of fellow crew members who direct him to certain tracks or help couple and uncouple cars.

He uses two levered brakes — one for the unit when it is traveling alone and the other for the unit when it is pulling cars. By cutting off the air pressure between the cars, the latter brake stops the train.

Another lever, operated sideways like the brakes, serves as the throttle. The throttle has eight notches, with the eighth putting the train at top speed. A similar lever, when moved from one side to the other, can put the train in reverse.

The throttle increases the speed of the diesel engine under the hood of the unit. The engine drives a generator which sends power to electric motors on each of the unit's axles. The Santa Fe units, blue and gold in color, range in capability from about 1,200 to 3,600 horsepower.

Clark has to concentrate on only a handful of gauges. One measures the air pressure on the train's brake cylinders, enabling him to know how he can brake safely.

Another gauge measures train speed. A tape behind this gauge contains a running record of the speed the unit has traveled at. The tape is used by mechanics to monitor the performance of the unit.

A third gauge tells Clark how much electricity is going to the motors. The use of too much electricity, he noted, can burn them out.

Clark uses a switch near the sliding window to release sand on the rail when he needs traction, particularly when stopping or starting with a heavy load or climbing a steep grade. A thin, verticle column of buttons is used to turn on interior and exterior unit lights.

Over his head is a long, narrow air-conditioning unit and an "alerter." The latter mechanism, which beeps every 15 seconds or so, is activated on long trips. The beeps keep the engineer alert and can be silenced only if he touches one of his controls.

The train is programmed to stop automatically if two beeps in a row go unanswered.

The unit's operating compartment also contains swivel chairs for other crew members and is filled with cartons of pasteurized water. Clark has a telephone which he uses to communicate with the yard or in the caboose.

No unit is complete, however, without a bell and a horn. The former, activated by a switch, is used in the yard. The latter, which Clark sounds by tapping a dangling rope, is used when approaching street crossings.

"It is amazing that people will challenge me on the engine or how long it takes to stop the train," Clark remarked. "It takes a lot longer for me to stop than it takes a car. So what I try to do is give them a good, sharp horn so that they know we're here."

Clark's current assignment includes pulling empty cars to local industries like Standard Oil, adjacent to the Santa Fe yard, and returning with cars for shipping elsewhere in the country.

The job requires a lot of teamwork by the engineer, the pinpuller, who guides the unit to particular tracks, the switchman, and the foreman, who determines the unit will handle.

"Everybody in the railroad business gets along now," Clark stated. "It used to be that every one another. It was nothing for a crew to work for a whole year and never say anything."

The foreman sees to it, for instance, that containing dangerous chemicals are placed as far from the unit and from an occupied caboose as possible.

Despite such precautions, and the fact that the unit travels only 10 to 15 miles per hour between yards, accidents do occur.

Cars sometimes derail because a series of ties have rotted, allowing the rails to expand.

"You can hit some grease on the rail and lose braking power," he added.

Avoiding accidents requires intense concentration on the part of the engineer.

Clark is especially careful when coupling cars together, traveling no more than four miles per hour. For those stationed in the unit, the impact is worse than a slight tremor.

"The impact is not bad at all, unless someone has me bad signals, you know, they don't give me time to stop, and then I'll smack the other car," he noted.

Normally, Clark returns to the Santa Fe yard at 9 p.m. for dinner or "beans" as it is known in the yard. In fact, railroad employees, like those who use a lot of in-house terms.

Coupling is known as "making a joint." A fast train is a "hog" or "hoghead." Yard security is known as "bulls." A fast train is a "high ball."

A low-priority train, which must move slowly through yards for trains carrying more important cargo (like autos and perishables), is known as a "train" or "local." Trains carrying autos and trucks are known as "pig trains."

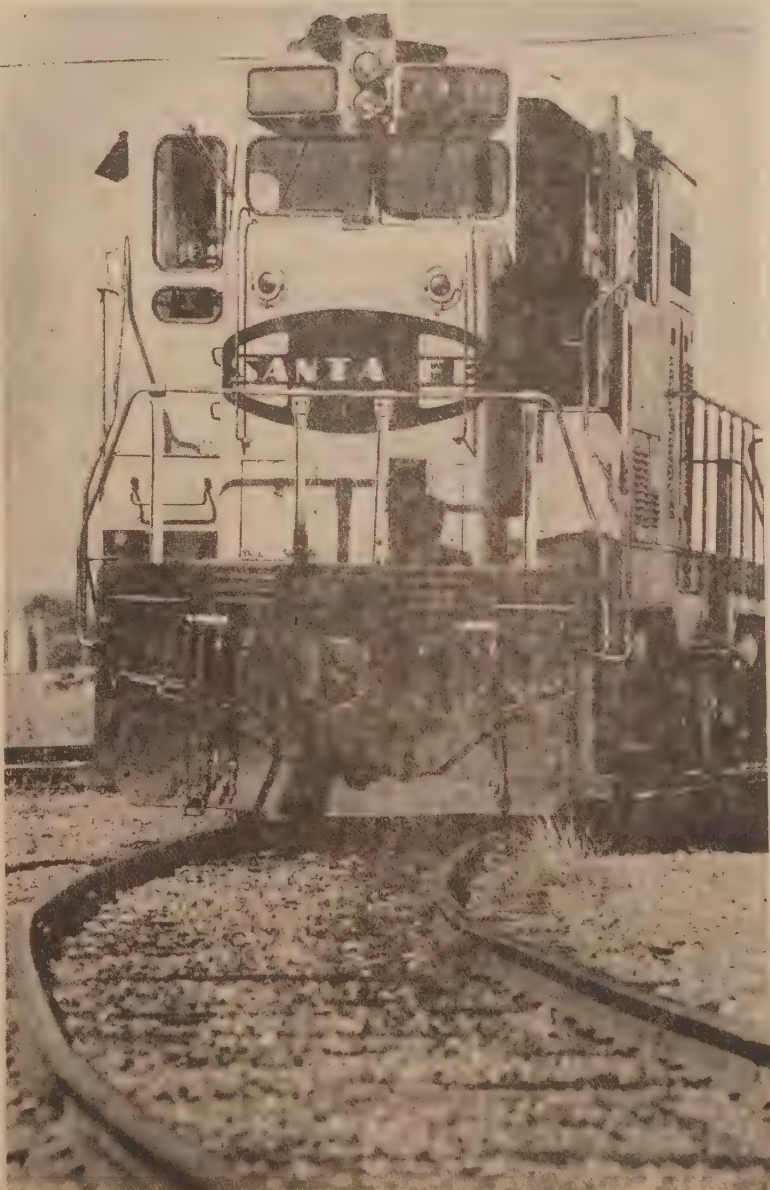
"Coffee . . . obviously that's coffee," he quipped.

After dinner, Clark may do some more work and fill out a report on the performance of the day.

Aside from working with Standard Oil and local industries, Clark is a substitute engineer for units who usually make runs on the main line from Richmond to Fresno and back. Since becoming an engineer, he has made 25 round trips on the line, averaging 70 miles per hour.

Clark said his goal is to work the main line eventually, but he will probably have to wait at least a year before he can get enough seniority.

"Running that main line is what railroading is about," he said.



A 1,500 horsepower engine leaves the Santa Fe yard

times journal photos
by trent saviers

Pot luck with Olga Bier

The white-haired man fixing the broken window pane looked and said, "I guess your dinner is something special tonight. My goodness, two vegetables... and potatoes too."

As a bride of only a few months, I was taken aback by amusement at my preparations in the little apartment kitchen. Didn't everyone serve two vegetables and potatoes too? One leafy green, one yellow or red, and a potato.

For several days, as he made repairs in the kitchen, he had maintained light conversations about many things, mainly food.

My wife has served me potatoes at every single dinner for 35 years," he boasted.

Well, Bob, I've been doing my dinner thing for over 35 years now, and the other night while I was deciding how to fix the potatoes, I thought of her. How many ways to serve you potatoes? Did she fix 12,775 different potato dishes, or did she rotate seven ways each week? Were you strictly a baked potato man?

One potato, two potato...

The potato has been much maligned as being too boring. With our widening knowledge and interest in nutrition, we know that a boiled or baked potato is from 80 percent water and offers small but important amounts of protein, calcium, iron, niacin (a B vitamin), and vitamin C. It's all that butter and gravy we put on it that's fattening! A medium-sized boiled potato contains 110 to 100 calories, and earlier this year I might have been told it was an inexpensive staple. But, with recent agricultural and weather disasters, this season it isn't exactly a cheapie. But, it's still a nutritional value.

This is not a make-ahead dish, but a little careful work on your part will pay off.

Potato pancakes

Coarsely grate one potato per person. My friend who grows her potatoes well and doesn't peel them for vitamins. If you are hand-grating, be sure to have a bowl of acid water (water plus one teaspoon of vinegar or lemon juice) to put them in. You know how potatoes brown when exposed to air.

Whatever you do, remember to squeeze all the water out and pat dry before mixing them with some finely chopped onions (the more the better), a sprinkling of salt, and beaten eggs — about one egg for two-three potatoes. Season with salt, and pepper if you wish. Fry in a large cooking spoon onto a hot skillet or griddle.

Use a little butter or oil or a bit of both to keep them from browning too quickly. If you have a teflon or non-stick pan that requires no fat, so much the better. Fry on one side until golden brown, turn, and finish cooking on the other side. Serve immediately. German people serve applesauce along with potato pancakes. If you have never tried this combination, do it now. It's a great complement to your roast or steak.

As I was saying...

Last week's Quick Ready Mix for baking has brought an enthusiastic response, so let's try a few more with it.

Upside-down cake

Combine one beaten egg with three-quarters cup sugar and a scant one-third cup of sugar. Add this mixture to two cups of Quick Ready Mix and blend. Lumps are OK — don't overmix.

In a square eight-inch baking pan, melt about two tablespoons of butter. Do it right over the burner — just before you have a padded mitt on so you won't burn your fingers. Tip the pan around to spread the butter. Sprinkle some brown sugar over the butter and arrange pineapple rings, pitted prunes, maraschino cherries, whatever canned fruits you wish — in a nice design. Pour the batter over the fruit and bake 35-40 minutes at 350 degrees. This is good served hot.

Doughnuts

Beat two eggs with one-half cup sugar until frothy. Add one tablespoon water. Combine three cups mix, one teaspoon cinnamon and one-quarter nutmeg and mix this to the egg mixture. Beat until smooth and then, roll gently between floured wax paper to a 1/4 inch thickness and cut with a floured doughnut cutter. Let stand to rest while the oil heats in your deep fryer. You'll have to use enough oil to cover the doughnut and fry two to three minutes, turning once. Drain. Drain well and sprinkle with powdered sugar and cinnamon. This is a solid doughnut. Remember that it doesn't have a lot of chemical lighteners or preservatives.

Don't like a lot of hot oil around for possible splatters. And though it seems wasteful, I don't recommend re-heating the oil for other uses, since it has been suspected as a carcinogen.

This is a good brunch item, especially if you can do the chores of rolling, cutting, turning, draining, sprinkling. So enjoy — and cut down on fats for the new meals.

For the sugar, it has been estimated that there are one teaspoon of sugar in each commercial doughnut. That's a lot.

Cleaning hints

University of California Extension reports the price of household detergents and cleaning products has risen in five years. Add up the cost of the cleaning supplies you have under your sink and don't be surprised if it adds up to \$50 or so. How much of this is for the container?

Are we forgotten how effective a paste of salt and water is for cleaning copper and brass? Remember Grandma cleaned windows and mirrors with equal parts of white vinegar and water and wiped with crumpled newspapers? It still works, you know.

Olga Blones Bier, an Albany resident and mother of two, is an ordinary arts at Contra Costa College and heads the home economics department of El Cerrito High School. She holds a degree in art, home economics and English from Berkeley and an MA in education from the University of San Francisco.

Write to her with hints for this column or questions may write to her care of the Times Journal, 1247 Solano Ave., Albany 94706.

Club sets organ concert

EL CERRITO — A talented young organist will be featured at the meeting of the El Cerrito Music Club on Tuesday, Aug. 12, at 7:45 p.m. at the El Cerrito Community Center, 3219 Pierce Street.

Artist, Stanley Koyanaka, a recent graduate of the University of California at Berkeley, is a winner of a national performance competition and will be featured in a recital at the May in San Francisco.

Yamaha is an instructor at the El Cerrito Music School in Albany. He is known for his expertise in classical organ and in the various modern idioms and will be featured in a recital.

A public is invited to attend and a donation of \$5 will be requested of those who are not members of the society. Membership is open to all who enjoy performing on or listening to keyboard instruments.

A short business meeting will be conducted by Ben Logan, president, and home-made cookies and coffee will be served during intermission. Jewel Weber is refreshments chairman.

Wagner baby

THOUSAND OAKS — Al and Donna Wagner, of 1980 El Dorado, have announced the birth of their son, Trevor Paul.

He was born July 29 at 10:04 a.m. and weighed seven pounds, six ounces.



CHANGING GUARD — Retiring president Glenn Davis of the El Cerrito Chamber of Commerce, left, hands the gavel to incoming president Don Markert, Kensington's fire chief. At right is president-elect Ilhami Karaca.

Volunteers extend their salvage search

The Volunteers of America has extended its summer search for salvage, and is continuing to seek donations of useable clothing and shoes, in all sizes, for men, women and children of all ages. Also welcome are gas and electric appliances, radios, televisions, household furnishings, baby furniture and equipment, dishes, silverware and pots and pans, office equipment and furniture, antiques, bric-a-brac and old newspapers.

John M. Olmsted, executive director, says: "We do not see any letup in requests for assistance to needy and low-income families and individuals, as well as transient workers moving from one town to another, seeking work. To be ready at all times to assist people at their time of need, we must continually augment our supplies of all types of merchandise."

"These donations are used in so many ways, for immediate and direct aid to needy people, to allow us to provide employment opportunities for the men and women who sort, classify and repair them."

The Volunteers continues to maintain its tradition of working to alleviate human distress, a tradition that reaches back to 1896. It is a nationwide organization, operating service centers throughout the U.S., providing spiritual counseling, correctional guidance service, aid to parolees and their families, operating sheltered workshops, to name just a few of their many services — all of which are tailored to fit each community they serve.

Donors are urged to call 536-0123 to arrange for free truck pickup either at home or place of business.

Is your club, church or school planning an event? Tell us. Times Journal 1247 Solano Ave. Albany 94706

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Churches

THOUSAND OAKS

Northbrae Community Church

Rev. David Sugabaker will lead the worship service at 11 a.m. on Sunday, Aug. 10. Afterwards, the church will hold its annual all-church picnic at Arlington Park on Arlington Avenue in El Cerrito.

Thousand Oaks Baptist Church

Larry Williams, assistant pastor of Christian education, will preach at the 11 a.m., worship service on Sunday, Aug. 10.

Church school classes for all ages are held at 9:45 a.m. preceding the morning worship. The regular potluck dinner will be held at 6:30 p.m. on Wednesday night followed by Bible study led by Williams.

KENSINGTON

First Unitarian Church of Berkeley

The Sunday Seminar on Aug. 10 will feature "The Aquarian conspiracy" by Marilyn Ferguson, will continue. The Sunday forum, "The worship life of our church," will be discussed by Hyman Roudman, a philosopher and long-time member of the church, in the fireside room.

At the 10:45 a.m. service, Dody Connelly, C.S.J., Ph.D., will deliver the sermon. Her text is from Hosea 6. Donnelly works with prisoners at Pleasanton, teaches lay education classes or mysticism at Starr King School for the Ministry, or leads religious retreats for various denominations around the country.

Class in unity principles

Adele Fuller, a licensed teacher, leads a study class in unity principles—a branch of the Lakeside Temple of Practical Christianity—on Thursday from 11 to 12 p.m. at 445 Colusa Ave., Kensington.

The text used is "Solving the Problem of Supply" by Frederick Keeler. All are welcome. For more information, call 531-7357.

ALBANY

Albany United Methodist Church

On Sunday, Aug. 10, services will be held at 11 a.m. Rev. Dr. Peter Ann's sermon topic will be "Be in readiness". The scripture reading is Luke, chapter 12, verses 32 to 48. Evelyn Lockhart will be worship leader.

Sunday school will be at 10 a.m. Child care is provided.

The quilters will meet Wednesday 9:30 to 3. The prayer group will meet Wednesday from 12:30 to 3.

The church is located at 980 Stannage Ave., Albany.

St. Alban's Episcopal Church

This morning at 11:30, Rev. Warren Debenham, rector, will celebrate Holy Communion. The service will be followed by a meeting of St. Anne's Guild.

On Aug. 10, the Eleventh Sunday after Pentecost, Father Debenham's sermon theme will be "The Father's good pleasure". He also will be the celebrant of Holy Communion and will be assisted by Nabil Jacob, lay reader. "Glory Be to God on High" is the offertory anthem to be sung by the senior choir. Ushers will be Earl Rogers and John Bowie. Sally Debenham will be the hostess for the coffee hour following the 10 a.m. service.

The church is at 1501 Washington Ave., Albany.

EL CERRITO

St. Patrick's Episcopal Church

The church is collecting visual art material for a fall showing with the theme "I believe in one God, the Father and Almighty, Maker of Heaven and Earth." Anyone involved in photography, drawing, painting, sculpture or other media is welcome to contribute. Contact the parish for further details at 237-0216, between 9 and 12 daily.

Sunday service begins at 9:30 and includes a weekly Eucharist. A coffee hour follows. The clergy includes Rev. Jerry Roberts, Rev. Cal Rutherford and deacon Jean Rutherford. A mid-week service is given on Wednesday evenings at 7:30.

El Cerrito United Methodist Church

Rev. Phillip Lawson has chosen the sermon title, "Strangers and exiles" for Sunday, Aug. 10, the 11th Sunday after Pentecost. Hebrews 11:1-16, Luke 12:32-48. A duet, "I waited for the Lord," will be sung by Theresa Bryan and Connie Frueh. Worship begins at 11 a.m.

El Cerrito United Methodist Church and Christ Lutheran Church again will co-sponsor a vacation church school, August 11-15, 7 to 9 p.m. Music, crafts, and group activities for all ages; \$3 per person or \$6 per family. This year it will be held at Christ Lutheran Church at Stockton and Ashbury Aves. Registration forms or more information can be obtained at either church office.

EAST BAY

Epworth United Methodist Church

Rev. David F. Siorpe will preach on Sunday, Aug. 10, at 10 a.m. There will be a children's sermon midway through the worship service, then the children will leave for their own summer program of Bible stories. Child care is provided. Coffee time follows the worship service.

The youth-adult class will feature a book review by Nancy Peterson at 11:20 a.m.

Methodist youth fellowship meets at the church at 6:30 p.m. A prayer workshop meets each Sunday evening at 7 p.m.

The church is located in Berkeley at 1953 Hopkins St.

Booklet helps families cope with drug abuse

Many people use socially acceptable drugs—probably without even thinking about it. If you're a coffee or tea drinker, for instance, you're using a drug. Caffeine falls into the same category as tobacco, alcohol and aspirin. These are drugs that are widely used and even

looked upon by many as useful substances.

However, there's a big difference between a parent who has an occasional glass of wine or a cocktail, and one who drinks or takes pills to escape personal problems. If your children see you using drugs that way, it's likely they will do the same. For a booklet from the Department of Health and Human Services that discuss preventive measures you can take, write for Drug Abuse Prevention for Your Family and send \$1.30 to the Consumer Information Center, Dept. 182H, Pueblo, Colo. 81009.

Families are very important in preventing drug abuse. In fact, the deterioration of the family in America is thought by many experts to be one possible reason for drug abuse among the young. For this reason and others, prevention has to start with the family.

When you order a copy of Drug Abuse Prevention for Your Family you'll also receive a free copy of the Consumer Information Catalog. Published quarterly by the Consumer Information Center of the General Services Administration, the free catalog lists over 200 free and low cost government publications.

A classified ad in the Times Journal can help you sell anything—Call 525-2644

HATZELL

(Continued from Page 11)

mond Merchants, Hustead's Towing of Berkeley, Santa Rosa Rosebuds, Melody Rambler, the Richmond Stars, Milen's Jewelers and many others in San Leandro, San Francisco and Oakland.

Hatzell has seen the game change to aluminum bats, doubleknit uniforms and designated hitters, but the only difference he laments is the lack of enthusiasm he once found in the sport. "This might be my last year," he said.

"Today's players are not as eager to get going. You didn't use to have to call the guys up to make sure they were at the game. They were always ready."

Evidence of that is the additional accolade the Cardinals won in the state tournament during the championship campaign of 1960. An NBC yearbook lists the El Cerrito Cardinals as "Most Aggressive Team" of the tournament.

"That was always what I was most proud of," said Hatzell, fondly.

Ways to fight street crime

ALBANY — Albany Citizens Teamwork offers the following tips to guard against fraud or purse snatching:

- Protect your lifelines—have social security or retirement checks sent directly to your checking or savings account.

- Ask a friend to go with you when you go out. Some communities have Dial-A-Ride mini-buses, especially for senior citizens or women who would otherwise have to travel alone. Albany Senior Center has a mini-bus which takes people shopping twice a week.

- Never trust strangers or casual acquaintances who tell you how you can "get rich quick" or ask you for large sums of money, even for what seem to be good reasons. Don't be taken in by their warmth or friendliness—you may never see your money again.

- Always carry a whistle or shriek alarm with you to signal for help in emergencies. Call Isabelle Betten at 526-8675 for further information on these items.

Lifespans

A surprising new study has found that men and women can share the same poor health habits and yet women will still outlive men.

In fact, the average eight-year life expectancy that women have over men might even slightly increase.

Those are the unexpected findings of Deborah L. Wingard, who is completing her doctoral studies in the School of Public Health at the University of California in Berkeley.

She said her work adds support to the theory that women are simply biologically more fit than men. "Risk factors," she said, "still explain why men and women die earlier than

others of their same sex. However, they don't do a good job of explaining why women outlive men."

Wingard presented her findings—part of her graduate research in epidemiology—in a paper recently delivered at the annual meeting of the Society of Epidemiologic Research in Minneapolis.

She said her work set out to explain why women in the United States have an average life expectancy of 77 years in comparison with men's 69 years.

"I thought the fact that men are more likely to have certain poor health habits, such as smoking and drinking, would explain why they die earlier," said Wingard.

She singled out 16 known factors that have been linked to early death rates for both men and women.

Staying healthy

Her first surprise was that women had more high risk characteristics than men. Six of the health risks were more common among women whereas only three were more common among men.

The highest risk factors of early death for men were smoking, drinking and not being married. The most detrimental health behaviors for women were smoking, physical inactivity and having few contacts with friends and relatives.

Other risk factors considered were age, occupation, socio-economic status, weight, present health, use of health services and life satisfaction.

Wingard said the data is from intensive health interviews of 4,725 San Francisco Bay Area residents in 1965 by the Human Population Laboratory of the California State Department of Health Services. Follow-up

in 1974 found that 211 men and 160 women had died during the nine-year period.

Whereas women and men both had poor health habits, men were 60 percent more likely than women to die, said Wingard. The outcome fit with expected trends. Her next findings didn't.

Through statistical analysis she calculated death rates expected if women had the same health behaviors as men.

Smoking and alcohol consumption were two factors that decreased the mortality gap between the sexes. (For instance, men became only 36 percent more likely to die than women when the same proportions

smoked.) But the mortality gap widened between the sexes when she applied the total 16 risk factors in the same proportions to both sexes. Men became 70 percent

more likely to die than the life span than a 10 percent increase in actual death rates.

The UC researchers said that women's high rates of unhealthy characteristics have made a difference in the sex difference in death rates in every country, at every age and for causes of death.

Women have a higher death rate in every country, at every age and for causes of death. In the first year, male infants are 30 percent more likely to die than babies," she said.

Women's biology has been at such factors as such factors as hormones and immunologic responses and increases as a result of childbearing. But Wingard said the theories are yet with solid findings.

The findings, she said, could improve health care for both men and women.

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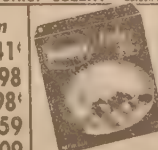
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classes for the orthopedically handicapped, because our district is so small.

However, we do monitor Anna's progress, and we are delighted with your reports of her continued progress. Thank you for an outstanding article.

Craig Boyan
Director of Special Services
Albany Unified School District

Editor's note: Robin Updike, a UC-Berkeley journalism graduate student and reporter-intern for Brown Newspaper Publishing Co. at the Independent & Gazette, worked briefly this summer at the Times Journal.

Penpals sought

A lot of Japanese young people wish for pen pals from your country!!

It is my honor to write to your newspaper's office in order to promote a better friendship between your country and Japan.

My name is Yuzo Inoue and I organized International Friendship Club in 1950. Its purpose was to contribute world peace. This is the organization to promote international friendship and understanding of different customs, ways of life among young people of the world through exchange of letters. I believe it is one of the best ways to strengthen

the ties of friendship among people all over the world.

A lot of Japanese English teachers of junior and senior high schools take part in this organization, and as they advise their students on international correspondence, it produces satisfactory results. I would like to recommend young people to correspond in English in order to promote the better relations between your country and Japan.

The people who are over 12 years old and would like to get a pen pal from Japan may write to our club. Of course you don't need money to take part in it. Please print your name, age, sex, and full address

clearly in your letter and send it addressed to the following.

International Friendship Club
P.O. Box 5 Akabane,
Tokyo 115-91 Japan.

We are waiting for a lot of letters from your country. I hope to get your cooperation. Would you please report our request in your newspaper?

With best wishes for your prosperity.

Thanks, but ...

My delighted and immodest thanks to staff writer Roberta Alexander for the kind and beautifully written report on the afternoon we spent together eating and talking — about me, no less! She expertly condensed my rapid-fire monologue to a very literate and concise summary.

I would, however, like to clarify an unfortunate phrase that could lead some sensitive reader to think that the kids in my classes are less than cared about. The kids know I care. A "dumping place," is quite another thing than a "garbage dump." The conversation at that point was my concern that all students should be exposed to consumer home economics.

My colleagues, my students, and my friends all know how strongly I feel that our schools should require this subject. All phases of this area are so vital to everyday living!

So, I repeat that it is too bad that home economics is thought of only as the final resort when a student has to be placed somewhere when he is unsuccessful somewhere else.

Again, my thanks and

compliments on the article. My truck will arrive in the morning to pick up extra copies.

Olga Bier
Albany

Senior van
Editor:

My sincere thanks for publishing my first appeal to keep the van service for us senior citizens.

I would like to say this to the Albany City Council, Bud Rooney of the Albany Parks and Recreation Department, and the Commission on Aging: If they can not obtain the necessary funding from the city, state or federal government, they, as our representatives, could surely find an answer.

The need for this kind of community service is as great to us senior citizens as the need for good schools

and parks for our children. We long-time residents did our duty paying taxes for years for needed projects, now it's Albany's turn to not let us down when we need some help.

Surely, we appreciate having a lovely senior center and all the other considerations that make Albany a town with a big heart, one that really cares. So, please add this much-appreciated and needed service for us all. We can not stand holding large bags of groceries, waiting for taxis to take us home or to our destination when we are disabled.

Today it is us and tomorrow it may be you who need the service. We are asking for your consideration now. All seniors, let your voices be heard loud and clear about your needs.

Caroline Hartwig
Albany

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Lucky's Double the Difference Guarantee

After you've made your purchases at Lucky Stores, compare with any other supermarket. If the total amount for the same or comparable items is less at the other supermarket, we'll refund you double the difference! Simply bring us your shopping list and your Lucky receipt, along with the name and prices of the supermarket you compared. Your shopping list and the purchases made at Lucky must constitute what could be considered your weekly supermarket needs purchased during your major weekly shopping trip. Minimum order of \$20.00 and 25 different items, excluding free goods and items purchased using retailer-issued coupons. *Excluding Membership Stores

Low, everyday prices on every item, every day of the week... LUCKY HAS IT!

Frying Chicken

USDA Grade A, Whole
Body (Cut Up lb. .78)
lb. .57

Beef Chuck Steaks

lb. 1.38

Top Sirloin Steaks

Beef Loin, Boned... lb. 3.19

USDA Choice Lamb

Lamb Shoulder Roast... lb. 1.68

Shoulder Blade Chops

USDA Choice Lamb... lb. 2.48

Lamb Shoulder Chops

Round Bone, USDA Choice... lb. 2.68

Lamb Rib Chops

USDA Choice... lb. 2.98

Lamb Loin Sirloin Chops

USDA Choice... lb. 3.18

Lamb Loin Chops

Small Loin, USDA Choice... lb. 3.38

Bread/Cereal & Flour

Harvest Day Buns

Hot Dog, Hamburger-Plain or Sesame... 6's .53

Buttermilk Pancake Mix

Lady Lee Complete... 32 oz. .91

Pancake Mix

Aunt Jemima-Original... 32 oz. 1.12

Gold Medal Flour

Whole Wheat... 5 lb. 1.27

Moist & Easy Cake Mix

Duncan Hines-Banana Nut or Double Chocolate Chip... 13.5 oz. 1.03

Coffee & Tea

Lady Lee Iced Tea Mix

Lemon Flavor... 24 oz. 1.73

Folger's Coffee

All Grinds... 1 lb. 3.19

Folger's Coffee Crystals

Instant... 2 oz. 1.39

Folger's Coffee

Flaked... 13 oz. 2.79

High Point Coffee

Instant, Decaffeinated... 2 oz. 1.39

Delicatessen Items

Lady Lee Franks

Dinner-Chicken or Turkey... 16 oz. .89

Lady Lee Chunk Cheese

Pepper Jack, Random Weight... lb. 2.39

Lady Lee Chunk Cheese

Pepper Jack, Random Weight... lb. 2.55

Oscar Mayer Meats

Sliced Bologna - Meat or Beef... 8 oz. 1.03

Lady Lee Sliced Bacon

(Thick 2 lb. pkg. 2.17)
lb. pkg. 1.09

Ground Beef

Any size package (does not exceed 30% fat)... lb. 1.28

T-Bone Steaks

Beef Loin... lb. 3.19

Large Variety of Sausage... LUCKY HAS IT!

Pork Sausage Links

Skinner... 8 oz. pkg. .66

Beef or Pork Chorizo

Senora Alicia... lb. .75

Lady Lee Pork Sausage

Mild or Hot... 1 lb. roll .84

Breakfast Sausage Links

Skinner, The Real McCoy, Made from Beef... 8 oz. pkg. .76

Jimmy Dean Pork Sausage

Fresh Frozen, Regular or Hot... 12 oz. roll 1.15

Breakfast Sausage

The Real McCoy... 1 lb. roll 1.33

Smoked Link Sausage

Hot, Lady Lee... lb. 1.59

Fruits/Vegetables & Juices

Tree Top Apple Juice

64 oz. 1.65

Stewed Tomatoes

Lady Lee... 16 oz. .39

Apple Juice

Spears Farm... 64 oz. 1.74

Mandarin Oranges

Fiesta... 11 oz. .47

Green Beans

Harvest Day-Cut or Sliced... 16 oz. .32

Lady Lee Pineapple

Juice Pack-Chunk, Crushed or Sliced... 20 oz. .63

Frozen Foods

Jeno's Pizza

Frozen, Mr. P's-Combination... 12 oz. 1.99

Frozen Orange Juice

Minute Maid-Concentrate... 6 oz. .52

Frozen Grape Drink

Welch-Concentrate... 12 oz. .66

Frozen Strawberries

Flavorland... 16 oz. 1.19

Mixed Vegetables

Lady Lee, Frozen Bag... 20 oz. .69

Aunt Jemima Waffles

Frozen-Buttermilk or Original... 10 oz. .79

Frozen Fish Fillets

Van De Kamp's, Country Seasoned... 14 oz. 2.18

Tater Rounds

Lady Lee-Frozen... 2 lb. .85

We Gladly Accept FOOD STAMPS

Pork Shoulder Boston Butt

Whole or Half (Sliced lb. 1.59)
lb. 1.49

Beef Rib Steaks

lb. 2.89

Porterhouse Steaks

Beef Loin... lb. 3.29

Country Sausage

Tennessee Pride, "Whole Hog"... 1 lb. roll 1.54

Pork Sausage Links

F & M's Tasty Brand, Fresh, "A Rare Delicacy"... lb. 1.86

Fresh Sicilian Sausage

Italian Brand, Buon Tasto, Mild or Hot... lb. 1.82

Pork Sausage Links

Oscar Mayer Little Friers... lb. 2.21

Linguica Sausage

Souza's... lb. 2.26

Smoked Sausage or Polska

Kielbasa Hillshire Farms, Pre-Cooked... lb. 2.13

Laundry/Household Aids

Crystal Liquid Detergent

For Dishes - White or Lemon... 48 oz. 1.12

Palmolive Bar Soap

Gold Deodorant... 7 oz. .45

Texize Spray N Wash

Non-Aerosol, Trigger... 22 oz. 1.57

Liquid Bleach

Lady Lee... gallon .69

Sit Puf Concentrate

Fabric Softener-Liquid... 64 oz. 1.86

Wizard Air Freshener

Aerosol-Assorted Scents... 8 oz. .77

Bold 3 Detergent

Laundry... 49 oz. 1.85

Irish Spring Bar Soap

7 oz. .58

Clorox Liquid Bleach

gallon .93

Oxydol Detergent

Laundry... 49 oz. 1.81

Paper Products

Paper Towels

Lady Lee 1-Ply-Decorator Assorted, Green, White or Yellow... 125's .59

Aluminum Foil

Lady Lee... 25 ft. .49

Plastic Wrap

Lady Lee... 100 ft. .61

Charmin Bathroom Tissue

1-Ply, 500's-Assorted Colors... 4's 1.03

Bananas

Top quality... and so good so many ways!
lb. .25

Tomatoes

Brighten up your salad... and full of flavor too!
lb. .39

Gravenstein Apples

Orchard fresh from Sebastopol... lb. .35

Boston Ferns

Full of arching and trailing fronds. 7" pot.
each 3.29

Macaroni & Cheese

Kraft Dinner... 7.25 oz. .36

Kraft Dinner

Macaroni & Cheese... 14's oz. .71

Country Time Lemonade

Makes 10 Quarts... 31 oz. 2.33

Minute Maid Lemonade

Makes 8 Quarts-Regular or Pink Crystals... can 2.27

Chocolate Chips

Lady Lee-Semi Sweet... 12 oz. 1.85

Borden Cremora

22 oz. 1.89

Potato Chips

Laura Scudder's Twin Pack-Regular or Chip for Dip 8 oz. Bar-B-Que or Sour Cream & Onion... 7.5 oz. .95

Mother's Cookies

Sandwich-Dutch Fudge, Vanilla Custard Creme, Peanut Butter, Double Fudge, Party Time 14 oz.
1.16

Crisco Oil

48 oz. 2.43

Pringles Chips

Potato... Twin Pack... 1.19

Lawry's Taco Shells

Super Size, 10's... 6.5 oz. 1.17

Fig Bar Cookies

Fireside... 32 oz. 1.31

Lady Lee Eggs

Medium... doz. .60

Chunk Light Tuna

Chicken of the Sea - In Oil 6.5 oz. .93

Seedless Grapes

The "natural" snack Thompson variety... lb. .79

Bartlett Pears

U.S. #1, fresh from California Orchards... lb. .33

Mushrooms

Add a gourmet touch to your favorite steak... lb. .99

Leaf Lettuce

Select from Red, Butter, Green Leaf or Romaine... each .23

Liquor/Wine & Beer

Gallo Wines

Chenin Blanc or French Colombard... 1.5 liter 2.99

Lucky Bourbon

Straight, 80 Proof... 1.75 liter 9.25

Lucky Gin

80 Proof... 750 ml 3.29

Lucky Vodka

80 Proof... 750 ml 3.29



HAVIN' A HEAT WAVE — It's been so hot lately that even the animals are taking it easy in the shade. This drawing is by Terry Hawley, age 10, son of Robert and Dorothy Hawley of Kensington. Terry

is a fifth grader at Kensington Hilltop School and has contributed drawings in the past to the Times Journal.

Clubs

ALBANY

Albany Rotary
Albany Rotary Club meets Tuesday at 12:30 p.m. at Spenger's Fish Gröto in Berkeley.

Albany Lions

Albany Lions Club meets Thursday at 7 p.m. at Kirby's in El Cerrito Plaza.

Friday, Sept. 12 will be Lions' night with the Oakland A's. The West Berkeley softball game will be Sept. 28.

Retired Persons

Albany Chapter 2618 American Association of Retired Persons will hold its August meeting on Saturday the 9th at 1 p.m. in the United Methodist Church, 980 Stannage Ave.

Art Russell, with piano accompaniment, will sing favorite tunes. A July and August birthday party will follow, combined with the regular refreshment and social hour. Everyone over 55 years of age is welcome to join.

American Legion

Aug. 10 is Legion Day at Yountville. The board of directors meeting is Aug. 13.

The auxiliary meeting is Aug. 11.

EL CERRITO

Rotary

El Cerrito Rotary Club meets Thursdays at 12:15 p.m. at Cerrito City Club, 1600 Kearney.

Bayview Aerie

Aug. 9 is installaion and Aug. 10 is cash bingo. The regular auxiliary meeting is Aug. 11.

EAST BAY

Solo Set

The East Bay Solo Set (Jewish singles) is sponsoring a speaker on "Social Security and Single People," on Thursday, Aug. 7 at 8 p.m. The meeting is free and will be held at the Jewish Community Center, 3245 Sheffield Ave., Oakland. For information call 531-3761 or 533-9222.

Animal house



Sugar

"A happy bundle of love and energy" best describes Sugar, a boxer-retriever mix, according to the adoption supervisor at the Berkeley-East Bay Humane Society.

"Sugar is four months old, still a puppy, and will adjust readily to a new home and family," the supervisor said.

Her former owner said that Sugar is good with children, likes to play and is very responsive to attention.

Sugar may be seen at the society, 2700 Ninth St., Berkeley. For information about adoptable pets call 845-7735.

Gunman robs doughnut shop

EL CERRITO — A man armed with a pistol and clad in a gray coat and hat robbed Winchell's Doughnuts of \$160 on Thursday, police said.

Witnesses said the man entered the restaurant at 11775 San Pablo Ave. about 11:30 a.m. Thursday.

After being informed of the robbery El Cerrito police broadcast for assistance. Richmond police attempted to stop a man of the same description in the 4100 block of Potrero Avenue and a foot chase and search of the area followed.

However, the man who ran, and who was found under a house, proved not to be the El Cerrito gunman.

Is your club, church or school planning an event? Tell us.

Times Journal
1247 Solano Ave.
Albany 94706

Bowling

Sparks fires 728 cluster to lead Albany

ALBANY — Since most of the better bowlers have been rolling four-game blocks, three-game series totalling 700 in league play have been in short supply at Albany Bowl this summer. But Rod Sparks finally produced one when he fired 257-237-234 for 728 in the Albany Travelers League.

Earlier, Bob Gherlone shot 746, but that came in tournament competition.

In the 540 Scratch Trios League, where the four-game pattern prevails, John Taylor headed the weekly list with an 884 figure that included a 275 game. His closest challenger was Rich St. Germain at 858. Then came Chris Wu with 856, and Mario Salcedo and Wade Cyrus with 854 each.

In the Men's Jubilee League, Kimkris inched up on the leaders by sweeping all three games from Team One behind Dennis O'Neil's 265 game and 613 series. O'Neil was strongly supported by Greg McDonald at 549 and Dale Ryder, 525.

Nettlebush continued to lead the league with a two-game margin over Kimkris by beating Three Plus One, 2-1, with the help of a 569 series from A. C. Nettles.

Laurel Gibbs picked up \$75 for her first place finish in the No Tap tournament sponsored by the Volney Morrison Memorial League. Her games of 252-265-243 plus 145 pins handicap put her out in front with a 905 total. In no tap events, one-pin leaves count the same as strikes.

Second place went to Anna Bishop with 875, and Imergene Washington was third at 826.

The Bay Area All Stars tournament club will make its annual visitation to Albany Bowl Aug. 9 and 10. Open to bowlers with a 194 average or less, the All Stars offer a minimum guaranteed prize fund of \$1,300 with competition in two divisions.

540 SCRATCH TRIOS (four games) — John Taylor, 278-884; Rich St. Germain, 255-858; Chris Wu, 256-856; Mario Salcedo, 253-854; Wade Cyrus, 256-854; George Schaefer, 219-840; Roque Layson, 225-819; Craig Levy, 248-817.

TUESDAY INVITATIONAL — Tony Solis, 255-803; Dave Padilla, 201-879; Ernie Schwartz, 202-550; Micostris Fouladward, 190-506; Larry Beale, 180-504.

PLAZA SPECIAL — Robert Keys, 210-548; Jorge Hia, 190-521; Louisa Hia, 200-516; Don Moore, 205-511; Jack Koenig, 181-502; Remma Bourgeois, 186-500.

MILITARY SERVICE COMMAND, PACIFIC — Julius House, 198-519; Rick Hodges, 180-518; Jean Davis, 141-512.

ALBANY TRAVELERS — Rod Sparks, 257-237; Nick Mayo, 194-513.

BONANZA BLUE CHIPS — Diane Gross, 207-515; Gloria Romeo, 191-513; Imergene Washington, 188-459; Anita Van Schooten, 178-445; Lela Braden, 148-438; Mary Gramma, 185-437.

CHILDREN'S HOSPITAL — Dave Robello, 183-528; Mike Brown, 172-480; Yvonne Ramos, 183-483.

POST OFFICE — Larry Barnes, 215-457; Ben Pilars, 210-578; John Sanford, 208-544; Jon Bogert, 208-552; J. D. Gray, 843-444; Henry Jackson, 191-543; Max Neely, 204-108; Evans Morland, 183-522; Josie Phone, 183-487.

MONDAY MIXED FIVES — Mike Hillard, 213-559; Lewis Love, 181-629; Mike Meats, 175-454; Rudy Chavira, 184-480; Cathy Lopez, 154-445.

MEN'S JUBILEE — Danette O'Neil, 265-813; Ernie Pacheco, 225-804; A. C. Nettles, 201-509; Dave Grace, 192-552; Al Ferguson, 186-550; Greg McDonald, 213-549; Ed Goss, 191-544; Ed Flier, 223-520; Dale Ryder, 189-525.

NEVADA TACHE TOURS — Don Sand, 217-545; Clarence McNea, 215-484; Anna Bishop, 156-433.

THURSDAY SLEEPERS — Bill Baker, 214-554; Bennett Yee, 211-510; Ron Keys, 187-503; Sandy Carter, 186-502.

THURSDAY MIXED FIVES — Cornelius Parker, 210-556; Ron Minor, 208-523; Dick Perry, 208-512; Robert Dimnick, 191-505; Charles Dunlap, 175-488.

WHITNEY RESEARCH & TOOL — Bob Wenz, 188-507; Jeff Harrison, 188-467; Terry Sandlin, 184-425; Warner Carlsen, 148-423.

WEDNESDAY AMERIS — Karlina Larson, 189-538; Shirley Saxon, 178-450; Rully Paltrana, 154-429; Fionn Mudd, 148-421; Claudia Evans, 158-418.

CHARLES L. JOHNSON MEMORIAL — Al Neuse, 215-545; Bobbie Jones, 191-537; Greg McDonald, 184-520; Curt McCreary, 180-518; Wes Watson, 200-517; Omar Anabio, 211-500.

JUBILEE MIXED — Tom Bogert, 205-576; Dave Freeman, 208-574; Will Alexander, 186-543; Dick Evans, 208-525; Dave Freeman, 178-512; Beverly Hyde, 181-452.

VOLNEY MORRISON MEMORIAL — Tom Hampton, 214-538; Doug Fowler, 205-571; Ben Iac, 194-551; Leonard Card, 224-550; Scott Harrell, 197-545; Larry Beale, 191-545; Rich Ramer, 198-538; Dave Armit, 208-525; Earline Miles, 181-507.

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TRASH BAGS Glad 30 Count \$1.39
FABRIC SOFTENER Bounce 60 Count \$2.69
ALPO DOG FOOD 14.5-oz. 7 Varieties 37¢
SUCCESS RICE 7-oz. Pkg. 59¢
CORNED BEEF HASH Libby's 12-oz. Tin \$1.79
APPLESAUCE Borden's 30-oz. Jar 99¢
SEEDLESS RAISINS Del Monte 6 Pak 89¢

COTTAGE CHEESE Carnation 85¢
SANDWICH SPREAD Kraft 1.39
WELCH'S SODA 12-oz. 6 Pak 4 Flavors 1.49
KRAFT MUSTARD 24-oz. Jar 69¢
PICKLE RELISH Farman's 11-oz. Jar 49¢
LIQUID DETERGENT Perform 35-oz. 79¢
TOILET TISSUE Lady Scott 2-Ply 2-Roll Pak 59¢

WHOLE OKRA 85¢
APPLE JUICE 1.39
BEEF RAVIOLI 1.49
MUSHROOM SAUCE 69¢
ENCHILADAS 49¢
COFFEE RICH 79¢
MILLERS BEER 59¢

COCA-COLA TAB-SPRITE 12-oz. Tin 99¢
FANTA 12-oz. Tin 1.29

C&H SUGAR 5-lb. Bag \$1.89

DETERGENT COLD-POWER \$4.99
Family Size (171-oz.)

SHORTENING Crisco 3-lb. Tin \$1.99

MARGARINE Chiffon Family Size 1-lb. Tub 69¢

ORANGE JUICE Tree Sweet 12-oz. Tin 69¢

LARGE EGGS Nuland Grade "AA" Dozen 79¢
SPAGHETTI SAUCE Ragu 16-oz. All Varieties 85¢
SEVEN-UP SODA 2 Liter Size Regular or Diet 89¢
MEAT PIES BANQUET Chicken-Beef-Turkey 8-oz. 3.99¢
TOMATO SAUCE Del Monte 8-oz. Buffet 5.19¢
ICE CREAM Borden's Half Gallon \$1.69
ICE TEA MIX Nestle 3-oz. Jar \$2.29

VASELINE Petroleum Jelly 7.5-oz. \$1.15

ICE CREAM NOVELTIES Refresho, Fudgebite, Root Beer, 50/50 Bars, Juice Bars, Natural Pops 6 Pak 79¢

FOOD BOWL MEAT SPECIAL
FRESH FRYERS WHOLE BODY 59¢ LB.

FOOD BOWL MEAT SPECIAL
CHUCK ROAST BEEF \$1.19 LB.
Blade Cut

CHUCK STEAK Best Boneless Center Cut \$1.99
CHICKEN FRY STEAK Best Boneless \$3.09
BEEF FOR STEW Boneless Lean Cube Chunks \$2.09
MEAT FRANKS Bo "S" 12-oz. Pkg. 99¢
PORK STEAKS Family Pkg. \$1.39

PRAWNS 71-90 Count 2-lb. Box \$7.49

BAKING HENS FOSTER FARMS Fresh Whole Body 59¢ LB.

SLICED BACON CUDAHY BAR "S" 1-lb. Pkg. \$1.29

SMOKED PIG Sliced & Tied 79¢

FOOD BOWL FARM-FRESH PRODUCE
TOMATOES Vine Ripened CALIFORNIA 4.99¢
PEARS Bartlett Delicious Type 3.99¢
GREEN BEANS Garden Fresh Fresh Crop 1-lb. 49¢
STALK CELERY Long Green Crisp 35¢
CUCUMBERS Great So Many Ways 4.19¢
ITAL. SQUASH 4.19¢

FOOD BOWL MEAT SPECIAL
BEEF ROUND STEAK \$1.99
TOP SIRLOIN STEAK \$3.09
FRESH PORK CHOPS \$2.09
PORK SPARERIBS 99¢
PORK LOIN CHOPS \$1.39
BARBEQUE STEAKS \$1.39
TURKEY WINGS \$1.39

Police beat

EL CERRITO
 McGee, 25, 100 block of Denise, San Pablo, arrested by Larry Wall on Wednesday, July 31, on four counts of conspiracy to commit forgery and two counts of possession of forged documents. He was scheduled for arraignment at Municipal Court last week. He is also appealing a recent armed robbery conviction and Folsom sentence.

Maria Morita, 900 block of Washington, El Cerrito, reported on Wednesday, July 23, the theft of a Honda Civic, weed eater, trimmer and bench saw worth a total of \$1,200.

Lyons, 18, 2200 block of Mira Vista, El Cerrito, accidentally shot himself in the right leg on July 23 with a 38-caliber revolver while taking it out of the car and playing with it in the yard. Brookside Hospital reported, however, that he was not seriously injured.

Taylor, 6400 block of Canyon, El Cerrito, reported on Monday, July 28, the theft of two car stereo speakers, jewelry and cash worth a total of \$96.

Kaplanis, 400 block of Kearney, El Cerrito, reported on Wednesday, July 23, the loss of an antique watch and cable TV system worth a total of \$620.

Logan, 7300 block of Lynn, El Cerrito, reported on Wednesday, July 23, the loss of \$4,000 in money from her car.

Springer, 3400 block of Santa Clara, El Cerrito, reported on Monday, July 28, the theft of a pocket watch worth \$180. She said she saw a male juvenile, about 15 years old, run out of her house as she was pulling her driveway. He was wearing a 5'0" with a natural tan pants, colored vinyl jacket and white shirt.

Ficklin, 2000 block of Harper, El Cerrito, reported on Monday, July 28, the theft of a Colt .38 gun and other assorted items. A total loss has not yet been determined.

Pierce, 1700 block of Walnut, El Cerrito, reported on Monday, July 28, the loss of a cassette player, cosmetics and a watch worth a total of \$260.

DeAlba, 1600 block of Everett, El Cerrito, reported on Monday, July 28, the theft of a Jenbacher equalizer worth \$1,380 from his car.

Cox, 1700 block of El Cerrito, reported on Monday, July 28, the theft of a car stereo, graph equalizer and tapes worth a total of \$202.

Distilleries, 4400 block of Fairmont, El Cerrito, reported on Friday, July 25, the loss of two typewriters worth a total of \$2,000.

Hartmann, 2300 block of Tamalpais, El Cerrito, reported on Sunday, July 27, the loss of jewelry worth \$1,380.

Brissette, 7300 block of Fairmount, El Cerrito, reported on Friday, July 25, the loss of a car and cash worth a total of \$222.

Bellon, 7100 block of El Cerrito, reported on Friday, July 25, the loss of two gold chains worth a total of \$175.

Chan, 2300 block of El Cerrito, reported on Friday, July 25, the loss of a digital watch worth \$11.

Casey Family Productions, 4400 block of Fairmont, El Cerrito, reported on Friday, July 25, the loss of a IBM typewriter, Sony camera, painting and figurine worth a total of \$1,100.

Batterman of Carlos in El Cerrito, reported on Friday, July 25, the theft of a car battery.

Garza, 6600 block of Schmidt, El Cerrito, reported on Saturday, July 26, the theft of a 1979 Kawasaki motorcycle.

Car stereo belonging to Carrietti, 6800 block of El Cerrito, was reported stolen on Sunday, July 27.

Lee, 6000 block of Dorado, El Cerrito,

Obituaries

Peter Cantu
 EL CERRITO — A memorial service was held last weekend for Peter G. Cantu, a man well known for his years of volunteer work with senior citizens and Spanish heritage groups. Mr. Cantu died July 30 at the age of 66.

A native of Laredo, Texas, he had lived in the Richmond area for 36 years, last residing with his family on Barrett Avenue in El Cerrito. He was a retired machinist who spent much of his adult life in volunteer community work with groups such as the U.L.A.C., Senior Citizens' Council of Richmond, St. John's Senior Citizens of El Cerrito, the Greater Richmond Committee on Aging, the United Council of Spanish Speaking Organizations, United Council West, the League for Economic Justice and R.S.V.P. of West Contra Costa.

A tall, soft-spoken man, he often appeared at Richmond city council meetings to speak on behalf of senior citizens and members of the Spanish-speaking community. He worked on the development of the Richmond Commission on Aging, arguing in favor of having the Greater Richmond Committee designated as the city's official senior citizen advisory group.

In his last years he spent much of his time creating and conducting crafts workshops for seniors, but also worked with young people and was affectionately known as "Grandpa" by people of all ages.

He was a member of the Pan American Baptist Church and a retired member of Machinists Union Local 824.

Survivors include his wife Magdalena, his son George, and his grandson Christopher, all of Richmond, who were at his bedside when he died at Brookside Hospital after a brief illness. Other survivors are

his mother Marina and brother Fernando, both of Laredo, his brother Luis of St. Louis, Mo., and his sister Maria Antonieta of McAllen, Texas.

The family prefers that any remembrances be made to the Peter Cantu Senior Power Emergency Fund, established in recognition of the white "Senior Power" button he often wore, in care of Les Flochini of The Mechanics Bank of Richmond.

Schmidt & Dixon (Richmond Funeral Home) was in charge of arrangements.

Rolf Danielson
 EL CERRITO — Graveside services for Rolf S. Danielson, a longtime resident of El Cerrito, were held last week at Golden Gate National Cemetery in San Bruno.

A native of Indiana, Mr. Danielson died in a July 27 Richmond convalescent hospital. He was 84.

He was a member of Vacaville Lodge No. 1967, Loyal Order of Moose, and a 50-year member of Omaha Lodge No. 288, F&AM of Omaha, Neb. He served in the U.S. Army during World War I.

Survivors include two brothers, Olaf and Harold of New Jersey, and two grandchildren.

Dr. Fred Stripp conducted services. Ellis-Olson Mortuary was in charge of arrangements.

John Wuelzer
 ALBANY — Private services for John Wuelzer, member of an East Bay pioneer family, were held last week at Ellis-Olson Mortuary.

A native of Oakland, he was a longtime resident of

Albany and died July 27 at Alta Bates Hospital in Berkeley. He was 84.

Mr. Wuelzer was a retired accountant. Survivors include his sister, Frances J. Hardesty of Alameda.

Dr. Fred Stripp conducted the services. The family prefers that any remembrances be sent to the American Heart Association.

Lois Evans
 KENSINGTON — Funeral services were held this week for Lois Evans, 80, an East Bay piano teacher who died Aug. 1 in San Pablo.

Mrs. Evans was born in Washington and was a Kensington resident for 40 years. She was a member of the Music Teacher's Association and taught piano 60 years.

She is survived by her son, Noel Evans of Kensington; a daughter, Joan Kiesling of Livermore; two grandchildren and a great-grandchild.

Funeral services were held at Sunset View Mortuary Chapel, followed by entombment at Sunset View Mausoleum.

William Wilson
 ALBANY — Funeral services for William "Scotty" Wilson, were held last week at the Civic Center Chapel of the Wilson & Kratzer Mortuaries, 24th Street and Barrett Avenue, Richmond.

A native of Glasgow, Scotland, Mr. Wilson lived in Albany and died July 28 at his home. He was 68.

Mr. Wilson worked for 22 years in the building maintenance department of the San Leandro Schools. He was a member of the Castro Valley Lodge 713 F & AM; the Aahmes Temple of the Shrine in Oakland; SIR-64 of Berkeley, the Independent Order of Foresters Council 1247; and the Sunday Night Dance Club.

Survivors include his wife, Mary G. of Albany; his daughter, Josephine Couron of Cave Junction, Ore.; two sons, William C. Wilson, Jr. and Marcus D. Wilson, both of Hayward; three sisters, Isobel McDunnell and Jean Walker, both of Toronto, Canada; and Alice Wilson of Scarborough, Canada; and eight grandchildren.

Cantor David Unterman officiated at the services.

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CHRISTIAN BROTHERS 1.75 LITER	14.69	10.99
KORBEL 1.75 LITER	14.99	10.79
METAXA 5 STAR 84° 750 ML.	11.39	9.29
STOCK 84 1.75 LITER	14.59	10.79

-CANADIAN WHISKEY-

BLACK VELVET 1.75 LITER	13.69	10.19
CANADIAN CLUB 1.75 LITER	19.99	14.79
CANADIAN LTD 1.75 LITER	12.99	8.79
CANADIAN MIST 1.0 LITER	7.89	5.79
SEAGRAM'S VO 1.75 LITER	19.29	14.29

-COGNAC-

HENNESSY VS 500 ML.	10.49	8.59
HENNESSY VSOP 750 ML.	21.19	15.99
REMY MARTIN 750 ML.	21.99	16.99

-GIN SPECIALS-

BEEFEATER 750 ML.	9.59	7.29
FLEISCHMANN'S 1.75 LITER	11.89	8.39
GILBEY'S 1.0 LITER	7.19	5.49
GORDON'S QTS.	6.79	5.09
SEAGRAM'S 1.75 LITER	12.99	9.59
TANQUERAY 1.75 LITER	20.59	15.39

-LIQUEURS-

AMARETTO DI SARONNO 750 ML.	12.79	9.39
GRAND MARNIER 750 ML.	17.59	13.99
KAHLUA 750 ML.	10.99	7.29
SOUTHERN COMFORT 80° 750 ML.	6.59	4.99

-RUMS-

BACARDI DARK 1.75 LITER	13.79	10.29
BACARDI LIGHT 1.75 LITER	13.79	10.29
RON RICO WHITE LABEL 750 ML.	5.79	3.99
RONRICO SMOOTH GOLD 750 ML.	5.79	3.99

-SCOTCH SAVINGS-

CATTO 1.75 LITER	14.99	10.59
CUTTY SARK 1.75 LITER	21.79	14.99
DEWAR'S WHITE LABEL 750 ML.	10.79	7.99
DEWAR'S WHITE LABEL 1.75 LITER	22.39	16.49
J & B RARE 1.75 LITER	21.69	15.99
JOHNNIE WALKER RED 1.75 LITER	22.39	16.69
MARTIN'S VVO 750 ML.	8.39	5.69
THE SCOTCH HIGHLAND CREAM 750 ML.	9.59	6.79
OLD SMUGGLER 750 ML.	5.39	4.59

-TEQUILA-

ARANDAS TEQUILA GOLD 80° 750 ML.	5.59	4.29
ARANDAS TEQUILA WHITE 80° 750 ML.	5.29	3.99
JOSE CUERVO WHITE 80° 1.75 LITER	15.29	12.79
JOSE CUERVO GOLD 80° 1.75 LITER	17.09	14.29

-VODKA SPECIALS-

FLEISCHMANN'S 1.75 LITER	8.99	6.79
GILBEY'S 1.0 LITER	5.69	4.09
GORDON'S QTS.	5.49	3.99
POPOV QTS.	5.79	4.19
SCHENLEY 1.75 LITER	9.69	7.59
SMIRNOFF 80° 1.75 LITER	13.49	9.49
WOLFSCHMIDT 1.0 LITER	6.39	4.59

-BEERS-

COORS 12 PAK.	3.55
HAMMS 12 PAK.	3.09
OLY 12 PAK.	3.49
WEINERHARD CASE	8.30
MICHAEL'S CASE	8.10
LOWENBRAU CASE	2.99
DOUGLAS 6 PAK.	3.89
HEINEKEN 6 PAK.	3.89
FOSTERS 25 QZ. CAN.	1.20

GEORGE DICKEL

No. 8 750 ML. REG. 8.99 **6.19**

COCKTAILS FOR TWO

750 ML. **2.99**

CHAMPAGNES

LE DOMAIN 750 ML. 2.65
 LEJON 750 ML. 2.49
 JACQUES BONET 750 ML. 2.49
 WEIBEL STANFORD 750 ML. 2.09
 MOET CHANDON EXTRA DRY 750 ML. 1.99

-CIGARETTES-

CARTONS REG. & KING **4.99**
 100's **5.09**

-IMPORTED WINES-

RUIANTE LAMBRUSCO, BIANCO 1.5 LITER	3.69
FOLONARI SOAVE 1.5 LITER	3.09
CELLA LAMBRUSCO 750 ML.	1.66
BOLLA SOAVE 750 ML.	2.89
LANCER'S ROSE, WHITE 1.5 LITER	5.79
MATEUS ROSE, WHITE 750 ML.	3.29
BLUE NUN LIEBFRUMLICH 750 ML.	1.79
CARTIER BLANC DE BLANCS 750 ML.	2.69
CINZANO VERMOUTH 750 ML.	.99
VILLA VERDI FRASCATI 750 ML.	1.19
CONFORTI CHIANTI 750 ML.	1.19

-CHENIN BLANC-

PELLEGRINI 750 ML.	2.49
CHARLES KRUG 750 ML.	2.79
SIMI 750 ML.	3.69
INGENOOK ESTATE 750 ML.	2.99
ALMADEN 750 ML.	2.39
SAN MARTIN 750 ML.	3.10

-CHABLIS-

CHAS. KRUG 750 ML.	1.89
BEAULIEU 750 ML.	2.49
MIRASSOU DRY CHABLIS 750 ML.	2.19
SOVERAIN 1.5 LITER	4.29
BERINGER 750 ML.	1.99
LOUIS MARTIN 1750 ML.	2.09

-GAMAY BEAUJOLAIS-

SIMI 750 ML.	2.89
ROBERT MONDAVI NAPA GAMAY 750 ML.	2.89
BERINGER 750 ML.	2.69
BEAULIEU 750 ML.	2.69

-ROSE-

BEAULIEU BEAUROSE 750 ML.	2.19
SOVERAIN PINOT NOIR ROSE 1.5 LITER	4.49
GRAND CRU SONOMA BOUQUET 750 ML.	1.99
SIMI ROSE OF CABERNET 750 ML.	2.99
CHAS. KRUG VIN ROSE 750 ML.	1.89
MIRASSOU PETITE ROSE 750 ML.	2.29

-CALIFORNIA WINE SPECIALS-

CHRISTIAN BROS. CHATEAU LASALLE 750 ML.	1.99
CHRISTIAN BROS. LASALLE ROSE 750 ML.	1.99
JACARE WHITE ROSE, CRYSTAL BLANC 1.5 LITER	2.99
WEIBEL GREEN HUNGARIAN 1.5 LITER	4.59
WENTE BLANC DE BLANCS 750 ML.	2.29
WENTE GREY RIESLING 750 ML.	2.29
PAUL MASSON GOURMET TOOL GIFT SET each.	5.59

-CALIFORNIA TABLE WINES-

ALMADEN MOUNTAIN WINES 1.5 LITER	2.69
PELLEGRINI TABLE WINES 4.0 LITER	3.99
C.K. MONDAVI TABLE WINES 4.0 LITER	4.29
FETZER PREMIUM RED, WHITE (Limited Supply) 1.5 LITER	3.99
SOVERAIN TABLE WINES 1.5 LITER	2.99
MONTEREY CLASSIC RED, WHITE 750 ML.	2.29

-CABERNET SAUVIGNON-

INGENOOK ESTATE 750 ML.	4.99
BEAULIEU RUTHERFORD '76 750 ML.	3.99
ROBERT MONDAVI '76 750 ML.	3.99
CLOS DU VAL GRANVAL '77 750 ML.	4.99
SIMI '76 750 ML.	5.49
SAN MARTIN 750 ML.	4.29

-CALIFORNIA WINE SPECIALS-

CHRISTIAN BROS. CHATEAU LASALLE 750 ML.	1.99
CHRISTIAN BROS. LASALLE ROSE 750 ML.	1.99
JACARE WHITE ROSE, CRYSTAL BLANC 1.5 LITER	2.99
WEIBEL GREEN HUNGARIAN 1.5 LITER	4.59
WENTE BLANC DE BLANCS 750 ML.	2.29
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FETZER PREMIUM RED, WHITE (Limited Supply) 1.5 LITER	3.99
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INGENOOK ESTATE 750 ML.	4.99
BEAULIEU RUTHERFORD '76 750 ML.	3.99
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CLOS DU VAL GRANVAL '77 750 ML.	4.99
SIMI '76 750 ML.	5.49
SAN MARTIN 750 ML.	4.29

-CHENIN BLANC-

PELLEGRINI 750 ML.	2.49
CHARLES KRUG 750 ML.	2.79
SIMI 750 ML.	3.69
INGENOOK ESTATE 750 ML.	2.99
ALMADEN 750 ML.	2.39
SAN MARTIN 750 ML.	3.10

-CHABLIS-

CHAS. KRUG 750 ML.	1.89
BEAULIEU 750 ML.	2.49
MIRASSOU DRY CHABLIS 750 ML.	2.19
SOVERAIN 1.5 LITER	4.29
BERINGER 750 ML.	1.99
LOUIS MARTIN 1750 ML.	2.09

-GAMAY BEAUJOLAIS-

SIMI 750 ML.	2.89
ROBERT MONDAVI NAPA GAMAY 750 ML.	2.89
BERINGER 750 ML.	2.69
BEAULIEU 750 ML.	2.69

-ROSE-

BEAULIEU BEAUROSE 750 ML.	2.19
SOVERAIN PINOT NOIR ROSE 1.5 LITER	4.49
GRAND CRU SONOMA BOUQUET 750 ML.	1.99
SIMI ROSE OF CABERNET 750 ML.	2.99
CHAS. KRUG VIN ROSE 750 ML.	1.89
MIRASSOU PETITE ROSE 750 ML.	2.29

-IMPORTED WINES-

RUIANTE LAMBRUSCO, BIANCO 1.5 LITER	3.69
FOLONARI SOAVE 1.5 LITER	3.09
CELLA LAMBRUSCO 750 ML.	1.66
BOLLA SOAVE 750 ML.	2.89
LANCER'S ROSE, WHITE 1.5 LITER	5.79
MATEUS ROSE, WHITE 750 ML.	3.29
BLUE NUN LIEBFRUMLICH 750 ML.	1.79
CARTIER BLANC DE BLANCS 750 ML.	2.69
CINZANO VERMOUTH 750 ML.	.99
VILLA VERDI FRASCATI 750 ML.	1.19
CONFORTI CHIANTI 750 ML.	1.19

-CALIFORNIA WINE SPECIALS-

CHRISTIAN BROS. CHATEAU LASALLE 750 ML.	1.99
CHRISTIAN BROS. LASALLE ROSE 750 ML.	1.99
JACARE WHITE ROSE, CRYSTAL BLANC 1.5 LITER	2.99
WEIBEL GREEN HUNGARIAN 1.5 LITER	4.59
WENTE BLANC DE BLANCS 750 ML.	2.29
WENTE GREY RIESLING 750 ML.	2.29
PAUL MASSON GOURMET TOOL GIFT SET each.	5.59

-CALIFORNIA TABLE WINES-

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C.K. MONDAVI TABLE WINES 4.0 LITER	4.29
FETZER PREMIUM RED, WHITE (Limited Supply) 1.5 LITER	3.99
SOVERAIN TABLE WINES 1.5 LITER	2.99
MONTEREY CLASSIC RED, WHITE 750 ML.	2.29

-CABERNET SAUVIGNON-

INGENOOK ESTATE 750 ML.	4.99
BEAULIEU RUTHERFORD '76 750 ML.	3.99
ROBERT MONDAVI '76 750 ML.	3.99
CLOS DU VAL GRANVAL '77 750 ML.	4.99
SIMI '76 750 ML.	5.49
SAN MARTIN 750 ML.	4.29

-CHENIN BLANC-

PELLEGRINI 750 ML.	2.49
CHARLES KRUG 750 ML.	2.79
SIMI 750 ML.	3.69
INGENOOK ESTATE 750 ML.	2.99
ALMADEN 750 ML.	2.39
SAN MARTIN 750 ML.	3.10

-CHABLIS-

CHAS. KRUG 750 ML.	1.89
BEAULIEU 750 ML.	2.49
MIRASSOU DRY CHABLIS 750 ML.	2.19
SOVERAIN 1.5 LITER	4.29
BERINGER 750 ML.	1.99
LOUIS MARTIN 1750 ML.	2.09

-GAMAY BEAUJOLAIS-

SIMI 750 ML.	2.89
ROBERT MONDAVI NAPA GAMAY 750 ML.	2.89
BERINGER 750 ML.	2.69
BEAULIEU 750 ML.	2.69

-ROSE-

BEAULIEU BEAUROSE 750 ML.	2.19
SOVERAIN PINOT NOIR ROSE 1.5 LITER	4.49
GRAND CRU SONOMA BOUQUET 750 ML.	1.99
SIMI ROSE OF CABERNET 750 ML.	2.99
CHAS. KRUG VIN ROSE 750 ML.	1.89
MIRASSOU PETITE ROSE 750 ML.	2.29

-IMPORTED WINES-

RUIANTE LAMBRUSCO, BIANCO 1.5 LITER	3.69
FOLONARI SOAVE 1.5 LITER	3.09
CELLA LAMBRUSCO 750 ML.	1.66
BOLLA SOAVE 750 ML.	2.89
LANCER'S ROSE, WHITE 1.5 LITER	5.79
MATEUS ROSE, WHITE 750 ML.	3.29
BLUE NUN LIEBFRUMLICH 750 ML.	1.79
CARTIER BLANC DE BLANCS 750 ML.	2.69
CINZANO VERMOUTH 750 ML.	.99
VILLA VERDI FRASCATI 750 ML.	1.19
CONFORTI CHIANTI 750 ML.	1.19

-CALIFORNIA WINE SPECIALS-

CHRISTIAN BROS. CHATEAU LASALLE 750 ML.	1.99
CHRISTIAN BROS. LASALLE ROSE 750 ML.	1.99
JACARE WHITE ROSE, CRYSTAL BLANC 1.5 LITER	2.99
WEIBEL GREEN HUNGARIAN 1.5 LITER	4.59
WENTE BLANC DE BLANCS 750 ML.	2.29
WENTE GREY RIESLING 750 ML.	2.29
PAUL MASSON GOURMET	

PUBLIC NOTICE

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 80-2135
The following persons are doing business as:

SUPER SIGN
7378 Cutting Blvd.
El Cerrito, CA 94530

GEORGE M. TANAKA
7378 Cutting Blvd.
El Cerrito, CA 94530

FRANCES M. TANAKA
7378 Cutting Blvd.
El Cerrito, CA 94530

WALTER FUNASAKI
64 St. Timothy Court
Danville, CA 94526

CAROLE FUNASAKI
64 St. Timothy Court
Danville, CA 94526

This business is conducted by a general partnership.

/s/ George M. Tanaka
/s/ Frances M. Tanaka
/s/ Walter Funasaki
/s/ Carole Funasaki

This statement was filed with the County Clerk of Contra Costa County on July 11, 1980.

CERTIFICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.

JAMES R. OLSSON
County Clerk
D. ENGLUND
Deputy

Expires 12/31/85.
J-1206—July 30, August 6, 13, 1980

ORDINANCE 80-9

AN ORDINANCE OF THE CITY COUNCIL OF THE CITY OF EL CERRITO AMENDING SECTION 4.32.381, CHAPTER 4.32 OF TITLE 4 (REVENUE AND FINANCE) OF THE EL CERRITO MUNICIPAL CODE, NAMELY BUSINESS LICENSE TAX

The City Council of the City of El Cerrito does ordain as follows:

SECTION 1. Section 1 of Ordinance 80-8 and Section 4.32.381 of the El Cerrito Municipal Code are hereby amended to read as follows:

Section 4.32.381 Rate Adjustment. All business license taxes payable under this chapter for ensuing years after 1977-78, beginning with the fiscal year which starts July 1, 1979, with the exceptions of the rates in Sections 4.32.370 and 4.32.380 (Gross Receipts Taxes), shall be adjusted upward or downward six percent for each cumulative six percent change from the March 1978 figure of 191.0 in the San Francisco Bay Area Consumer Price Index to the Revised Consumer Price Index for Urban Wage Earners and Clerical Workers for the San Francisco-Oakland Bay Area as published by the Department of Labor for the month of February prior to the fiscal year in which the rate adjustment is applicable. The business license administrator shall compute such changes each year.

SECTION 2. Effective Date. This ordinance shall take effect and be in full force thirty (30) days after the final passage thereof.

PASSED AND DOPTED by the City Council of the City of El Cerrito at an adjourned regular meeting thereof held on the 28th day of July, 1980, by the following vote:

AYES: COUNCIL MEMBERS: Abelson, Allen, Sir, Spallman, Collins.
NOES: COUNCIL MEMBERS: None.

ABSENT: COUNCIL MEMBERS: None.

MARGARET A. COLLINS,
Mayor of the City of El Cerrito

ATTEST:
LUCILLE V. IRISH,
City Clerk of the City of El Cerrito

I HEREBY CERTIFY that the foregoing ordinance was duly and regularly passed and adopted by the City Council of the City of El Cerrito, County of Contra Costa, State of California, at an adjourned regular meeting thereof held on the 28th day of July, 1980.

LUCILLE V. IRISH,
City Clerk of the City of El Cerrito
J-1212—Aug. 6, 1980

NOTICE OF TRUSTEE'S SALE

Loan No. 141
T.S. No. 14893-1-80
T.D. SERVICE COMPANY, a California corporation, as duly appointed Trustee under the following described deed of trust WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) all right, title and interest conveyed to and now held by it under said deed of trust in the property hereinafter described:

TRUSTOR: JANET M. BOYLE, a married woman, as her sole and separate property.

BENEFICIARY: WALTER J. GORICKE AND DIETLUND GORICKE, his wife, as joint tenants.

Recorded January 16, 1980 as Instr. No. 80-008709 of Official Records in the office of the Recorder of Alameda County said deed of trust describes the following property:

LOTS 46, 47, 48 & 49, Map of Regent Park Map 4, filed August 27, 1906, Map Book 21, page 51, Alameda County Records.

990 SAN PABLO AVENUE
ALBANY, CALIFORNIA

("If a street address or common designation is shown above, no warranty is given as to its completeness or correctness.")

The beneficiary under said Deed of Trust, by reason of a breach or default in the obligations secured thereby, heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written notice of breach and of election to cause the undersigned to sell said property to satisfy said obligations, and thereafter the undersigned caused said notice of breach and of election to be recorded April 14, 1980 as Instr. No. 80-05024, of said Official Records.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest as in said note provided, advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust.

Said sale will be held on THURSDAY, AUGUST 21, 1980, at 11:00 a.m., on the steps of the Fallon Street entrance to the County Courthouse, 1225 Fallon Street, Oakland, California.

At the time of the publication of this notice, the total amount of the unpaid balance of the obligation secured by the above described deed of trust and estimated costs, expenses, and advances is \$13,014.03.

Date: July 16, 1980.

T.D. SERVICE COMPANY
as said Trustee
By: T.D. SERVICE COMPANY
agent

By: WENDY POWIS
Asst. Secretary
1990 N. California Blvd.
Suite 716
Walnut Creek, CA 94596
415-944-9015.

3279A—Publish July 30, Aug. 6, 13, 1980

PUBLIC NOTICE

NOTICE OF DEATH OF
HELEN E. REESE aka
HELEN ETHEL REESE

**AND OF PETITION
TO ADMINISTER ESTATE**
CASE NUMBER: 55441
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF CONTRA COSTA
725 Court Street
P.O. Box 911
Martinez, CA 94553

ESTATE OF HELEN E. REESE, aka HELEN ETHEL REESE, DECEASED.

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of HELEN E. REESE, aka HELEN ETHEL REESE.

A petition has been filed by DONNA KOZIELSKI in the Superior Court of Contra Costa County requesting that DONNA KOZIELSKI be appointed as personal representative to administer estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on August 21, 1980, at 9:00 a.m. in Dept. 9, located at 725 Court Street, Martinez, CA.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200 of the California Probate Code.

J. R. OLSSON,
County Clerk
By: M. PAULSON,
Deputy

THOMAS L. BLOXHAM,
Attorney at Law
Attorney for Petitioner
272 East 12th Street
Suite A
Oakland, CA 94606
J-1208—July 30, Aug. 6, 13, 1980

NOTICE OF CHANGE OF HEARING
DATE RE PETITION FOR PROBATE

No. 215077-0
IN THE SUPERIOR COURT OF THE
STATE OF CALIFORNIA IN AND
FOR THE COUNTY OF ALAMEDA

In the Estate of MARY C. PIERCE, Deceased.

PLEASE TAKE NOTICE that the hearing date for the petition for probate of the entitled estate has been changed from July 30, 1980 to August 15, 1980.

8:30 a.m. Department 19, Alameda County Superior Court, 1221 Oak Street, Oakland, California.

Dated: July 25, 1980.

RANDY WRIGHT
For WILLIAMS, VAN HOESSEN,
BRIGHAM & EPSTEIN
Attorneys for Petitioner
Arnold M. Pierce
PROOF OF SERVICE BY MAIL
CCP 1013a, 2015.5

I declare that:
I am (employed in) the county of San Francisco, California. I am over the age of eighteen years and not a party to the within cause, my business residence address is 235 Montgomery St., Suite 450, San Francisco, CA 94104.

On July 25, 1980, I served the within Notice of Change of Hearing Date Re Petition for Probate on the parties in said cause, by placing a true copy thereof enclosed in a sealed envelope with postage thereon fully prepaid, in the United States mail at San Francisco, California addressed as follows:

Zoe Trentz
2848 Westwood Court
San Ramon, California

Karen Kennedy
2222 Vista Grande
Danville, California

Sandra S. King
15260 Laverne Drive
San Leandro, California

Arnold M. Pierce
Post Office Box 1428
Richmond, CA 94802

I declare under penalty of perjury that the foregoing is true and correct, and that this declaration was executed on July 25, 1980, at San Francisco, California.

MARLENA RYAN
RICHARD A. WILLIAMS
WILLIAMS, VAN HOESSEN,
BRIGHAM & EPSTEIN
235 Montgomery Street, Suite 450
San Francisco, CA 94104
Telephone: (415) 433-0295
Attorneys for Petitioner
3282A—July 30, Aug. 6, 13, 1980

PUBLIC NOTICE

NOTICE OF DEATH OF
PHYLLIS E. REESE aka
PHYLLIS ETHEL REESE

**AND OF PETITION
TO ADMINISTER ESTATE**
CASE NUMBER: 55412
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF CONTRA COSTA
725 Court Street
P.O. Box 911
Martinez, CA 94553

ESTATE OF PHYLLIS E. REESE, aka PHYLLIS ETHEL REESE, DECEASED.

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of PHYLLIS E. REESE, aka PHYLLIS ETHEL REESE.

A petition has been filed by DANIEL J. REESE in the Superior Court of Contra Costa County requesting that DANIEL J. REESE be appointed as personal representative to administer estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on August 21, 1980, at 9:00 a.m. in Dept. 9, located at 725 Court Street, Martinez, CA.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200 of the California Probate Code.

J. R. OLSSON,
County Clerk
By: W. COCKER,
Deputy

C. HENRY VEIT, Esq.
235 Montgomery St., #1301
San Francisco, CA 94104
J-1210—July 30, Aug. 6, 13, 1980

PUBLIC NOTICE

NOTICE OF DEATH OF
VINCENT JOSEPH BELLASANO
AND OF PETITION
TO ADMINISTER ESTATE

CASE NUMBER: 55438
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF CONTRA COSTA
ESTATE OF VINCENT JOSEPH BELLASANO, DECEASED.

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of VINCENT JOSEPH BELLASANO, VINCENT J. BELLASANO.

A petition has been filed by ARTHUR PAUL BELLASANO, in the Superior Court of Contra Costa County requesting that ARTHUR PAUL BELLASANO be appointed as personal representative to administer estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on August 21, '80 at 9:00 a.m. in Dept. 9, Superior Court, located at Main and Court Streets, Martinez, CA 94553.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200 of the California Probate Code.

J. R. OLSSON,
County Clerk
By: G. TAMURA,
Deputy

LOUIS M. PICCIRILLO,
1212 Broadway
14th Floor
Oakland, CA 94612
Attorney for Petitioner
J-1211—July 30, Aug. 6, 13, 1980

NOTICE OF DEATH OF
DORA KASTANOS
AND OF PETITION
TO ADMINISTER ESTATE

CASE NUMBER: 55442
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF CONTRA COSTA
725 Court Street
P.O. Box 911
Martinez, CA 94553

ESTATE OF DORA KASTANOS, DECEASED.

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate of DORA KASTANOS.

A petition has been filed by JAMES KASTANOS in the Superior Court of Contra Costa County requesting that JAMES KASTANOS be appointed as personal representative to administer estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act.

A hearing on the petition will be held on August 21, 1980 at 9:00 a.m. in Dept. 9, Superior Court, located at Court and Main, Martinez, California.

IF YOU OBJECT to the granting of the petition, you should either appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court or present it to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 700 of the California Probate Code. The time for filing claims will not expire prior to four months from the date of the hearing noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file a request with the court to receive special notice of the filing of the inventory of estate assets and of the petitions, accounts and reports described in section 1200 of the California Probate Code.

J. R. OLSSON,
County Clerk
By: M. PAULSON,
Deputy

PETE FOURKAS,
Attorney for Petitioner.
19230 Highway 128
Castroville, California
J-1209—July 30, Aug. 6, 13, 1980

PUBLIC NOTICE

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that a public hearing will be held by the City Council of the City of Albany on Monday, August 18, 1980, at 8:00 p.m. of said day, or as soon thereafter as is possible, in the Council Chambers of City Hall, 1000 San Pablo Avenue, City of Albany. The subject of the public hearing is the appeal by Donnell Horvath Veier, 423 Cornell Avenue, of the decision of the Planning & Zoning Commission to deny her application for Variance #192 to construct a second story addition at her residence.

After a public hearing on July 22, 1980, the Planning & Zoning Commission denied Variance #192 by a four-fifths (4/5) vote with Chairman Horvath dissenting. The variance was to construct a second story addition in line with the existing wall on the north side of the house which is six inches (6") from the north property line. A three-foot (3') side yard would be required for this house. Also, the applicant wished to replace the existing front stairs which encroach 12 feet into the required front yard. The proposed new stairs would also encroach the same distance. The Zoning Ordinance permits only a six-foot encroachment. Plans for the project are on file in the Public Works Department, 1000 San Pablo Avenue, Albany.

Edith Rapella
Deputy City Clerk
A-3283—August 6, 1980.

Children's
story time set

EL CERRITO — The El Cerrito Library, 6510 Stockton St., offers a picture book story time each Wednesday through Aug. 27 for pre-schoolers at 1:30 p.m.

No registration is necessary.

For more information, call the library at 526-7512.

PUBLIC NOTICE

FICTITIOUS BUSINESS
NAME STATEMENT

File No. 80-2246
The following person is doing business as:

BJ INC. & GONZO GROUP
202 Kanyon Ave.
Kensington, CA 94708

BRIAN JOHNSON
INCORPORATED (CA)
202 Kanyon Ave.
Kensington, CA 94708

The business is conducted by a corporation.

BRIAN JOHNSON INC.
/s/ Brian M. Johnson
BRIAN M. JOHNSON
President

This statement was filed with the County Clerk of Contra Costa County on July 21, 1980.

CERTIFICATION
I hereby certify that the foregoing is a correct copy of the original on file in my office.

JAMES R. OLSSON
County Clerk
By: D. ENGLUND
Deputy

Expires 12/31/85
J-1207—July 30, August 6, 13, 20, 1980

CURT CARTER FORD

IS ASSUMING GOLDEN BEAR FORD

N BERKELEY NOW OPEN SUNDAY

FINAL DAYS FOR REBATES!

CRAZY CURT HAS GONE BEZERKLEY!



\$1500 CASH REBATES

ON ALL 1980 T-BIRDS



'750 CASH REBATES ON 1980 PINTO & FIESTA

Example Pinto: \$4624.00

REBATE \$750.00

\$3874.00

(#8911)

'888 CASH REBATES ON 1980 MUSTANGS

\$6227.00

REBATE \$888.00

\$5339.00

(#139297)



REBATES CAN BE USED FOR DOWN PAYMENT ON APPROVAL OF CREDIT.
ALL PRICES PLUS TAX, LICENSE, DOC FEE, EXPIRES 8-8-80

1975 VW RABBIT

Automatic, radial tires, body side moulding, radio, heater, 55,000 miles, very good condition. (633LZH).

\$2995

1978 FORD THUNDERBIRD

Loaded, tilt, cruise, pwr. windows, split pwr. seats, AM/FM stereo / tape, auto. p/s, p/b, a/c, vinyl top. (825UUF)

\$4995

1979 MERCURY MONARCH

4 DR SEDAN, 6 cyl., a/t, AM/FM stereo, p/s, a/c, vinyl top, 15,000 mi, like new. (378WDX)

\$4795

1977 GRANADA GHIA 4 DR

A/T, p/s, a/c, vinyl top (0997TN)

\$3195

1975 PONTIAC VENTURA CPE

A/T, p/s, p/b, a/c, vinyl top, 42,000 mi. (138MQG)

\$2699

1979 FORD PINTO

4-cylinder, automatic, power steering, radio & heater. (214636)

\$3695

1978 FORD FIESTA

Radial tires, 4-cylinder, 4-speed radio and heater. (574UAV)

\$3795

1976 CHEVROLET MONTE CARLO

2 DR HARDTOP LANDAU V8, a/t, p/s, p/b, 416 bucket seats, console, map (472128)

\$2999

1977 FORD LTD LANDAU

2 DR HARDTOP, Pwr windows / split seats, vinyltop, tilt. (918VTL)

\$2995

1975 VW BUS 7-PASSENGER

4 spd, radio, 2-tone, looks new (589NES)

\$4699

1972 VW BUG

4-speed, a real economy car (768GAN)

\$2499

1973 BUICK CENTURY CPE

Black, Black, Black, auto trans. p/s, p/s, a/t, (626JHA)

\$1995

1978 FIAT 124 SPIDER

Convertible, 5-spd, AM/FM stereo tape, mag wheels, 21,000 miles (734XFD)

\$5999

1974 FORD PINTO WAGON

Automatic, power steering, air, 1999 cc rack, radio and heater, extra clean. (143481)

\$1995

1978 TRANS AM

Auto trans, p/s, air, mag, AM/FM stereo. (023UUX)

\$5999

1970 VOLVO STA WGN

stick, complete rebuilt engine (9790UC)

\$1995



Enter through the gate into a private courtyard of color and flowers. Timeless architecture and sweeping views. Located in a prestigious neighborhood 3 blocks north of the UC Campus.

Siete

Merit Loyalty Grows.

**"Former high tar brands not missed," report
MERIT smokers in latest survey.**

Taste Quest Ends

Latest research provides solid evidence that MERIT is a satisfying long-term taste alternative to high tar cigarettes.

Long-Term Satisfaction: In the latest survey of former high tar smokers who have switched to MERIT, 9 out of 10 reported they continue to enjoy smoking, are glad they switched, and reported MERIT is the best tasting low tar they've ever tried.

Smoker Tests Offer More Proof

Blind Taste Tests: In tests where brand identity was concealed, a significant majority of smokers rated the taste of low tar MERIT as good as—or better than—leading high tar brands. Even cigarettes having twice the tar.

Smoker Preference: Among the 95% of smokers stating a preference, the MERIT low tar/good taste combination was favored 3 to 1 over high tar leaders when tar levels were revealed.

MERIT is the proven alternative to high tar smoking. And you can taste it.



MERIT

Kings & 100's

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Kings: 8 mg "tar," 0.6 mg nicotine—100's Reg: 10 mg "tar," 0.7 mg nicotine—100's Men: 11 mg "tar," 0.8 mg nicotine av. per cigarette, FTC Report Dec. 79

Warning: The Surgeon General Has Determined
That Cigarette Smoking Is Dangerous to Your Health.